

# TSAWOUT FIRST NATION

NEWSLETTER

[www.tsawout.ca](http://www.tsawout.ca)

APRIL 2023

## TRIBAL JOURNEYS 2023

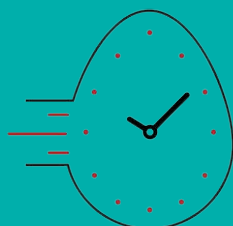
Tribal Journeys 2023 is quickly approaching. If you are interested in travelling, view page 02 for more information.



### EASTER LONG WEEKEND OFFICE HOURS

Tsawout Band Office  
will be closed on:

**Friday April 7th &  
Monday April 10th.**



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TSAWOUT  
FIRST NATION

TRIBAL  
JOURNEYS  
2023

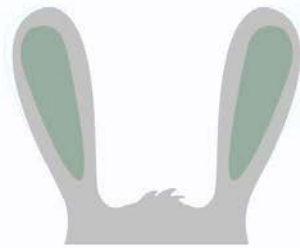
PADDLES  
UP!

Canoes land in Tsawout July 21st 2023 then to Muckleshoot for final landing

If you or your family are interested in travelling, please contact Michelle McDormand at [mmcdormand@tsawout.ca](mailto:mmcdormand@tsawout.ca) or call 250-885-7095.  
*\*Need numbers as relatives in US are requesting an estimate.*







YOU'RE INVITED!

COME JOIN US FOR THE

Elders  
Easter Lunch

Tsawout Band Office | In the Gymnasium

April 6th 2023  
11 AM to 2 Pm

**If you have any questions, please reach out to  
Michelle Morris on her work cell: 250-532-3473**

## ARE YOU INTERESTED IN EARLY LEARNING AND CARE?

**SAEC is partnering with Camosun College to  
offer an ELC Diploma Program in September  
2023**

**Course work to take place between  
9:00 am - 4:00 pm Monday to Friday**

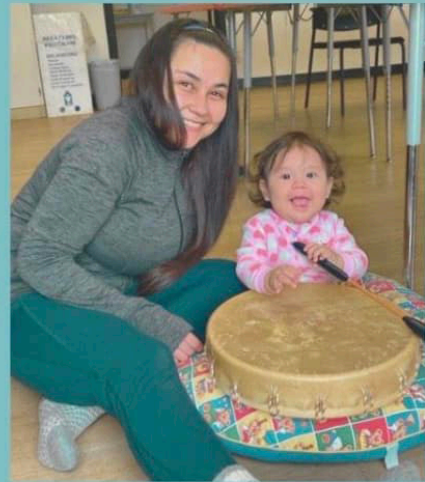
### REQUIREMENT

- C+ in English 12

**Please contact SAEC Reception to  
secure spot in ELC Fall  
Programming**



[reception@saec.ca](mailto:reception@saec.ca)



## SEAWEED HARVEST

A Seaweed Harvest is planned for April 11th - 15th, 2023 and we want to welcome our community members to join.

The days are usually 10-12 hours long, starting at 7:00 am and we leave from the James Island Pier.

Please contact Shae Harding at:  
[fisheriesliaison@tsawout.ca](mailto:fisheriesliaison@tsawout.ca) or call  
(250) 652-9101.



# COMMUNITY NEWS - STOP SCAMS!

## SPOT SCAMS STOP AND SAY NO

### RULE #1 Don't be afraid to say NO!

- Say **NO**, hang up, and get some advice.
- Say **NO** until you have received all information in writing.
- Say **NO** and explain that you would like to speak to a lawyer of your choice before agreeing to pay government "fines" or "fees."
- Never be bullied into agreeing with the caller without further information and don't provide further information to them.

### RULE #2 If it sounds too good to be true... it probably is

- If the person contacting you is offering you an easy way out of a fine or fee, or is offering something that is too good to be true... it probably is. If you have doubt contact a friend a family member or your local police for advice.

### RULE #3 Do your research

- Always verify that the organization you're dealing with is legitimate before you take any other action

### RULE #4 Don't give out your personal information

- Beware of unsolicited calls where the caller asks you for personal information

### RULE #5 Beware of upfront fees

- Many scams request that you pay fees in advance of receiving goods or a prize. They may even pressure you into making a payment as quickly as possible to solve a legal problem or hold an item. If someone is asking you for upfront payments this should immediately raise a RED FLAG for you.

### RULE #6 Protect your computer

- Watch out for urgent-looking messages that pop up while you're browsing online. Don't click on them or call the number they provide
- No legitimate company will call and claim your computer is infected with a virus
- Make sure you have anti-virus software installed and keep your operating system up to date
- Never give anyone remote access to your computer. If you are having problems with your system, bring it to a local technician

### RULE #7 Protect your online accounts

#### Create a strong password by:

- Using a minimum of 8 characters including upper and lower case letters, and at least 1 number and a symbol
- Creating unique passwords for every online account including social networks, emails, financial and other accounts
- Using a combination of passphrases that are easy for you to remember but hard for others to guess
- Enable multi-factor authentication
- Only log into your accounts from trusted sources
- Don't reveal personal information over social media
- ENSURE YOU ARE USING THE HIGHEST SECURITY SETTINGS WHEN USING SOCIAL MEDIA

## HEALTH & REC GRANT REMINDER

A reminder to Tsawout community members about the Health & Recreation Grant cheques;

The application deadline for grant cheques is **April 21, 2023**. Cheque distribution will be May 19, 2023.

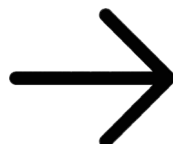
You only need to submit a new application if your information has changed. Changes can include:

- Number of dependents
- Mailing Address
- Bank Account Info (if requesting direct deposit)
- Or if you have recently turned 19

We also encourage all Tsawout members who are receiving Health and Rec Grant cheques to do so using direct deposit. Requesting direct deposit is easy, and it means you save time, save gas, and get your money faster.

For more information or questions, please contact:  
Emmy at [taxation@tsawout.ca](mailto:taxation@tsawout.ca).

Scan the QR code to complete a new application or visit Tsawout's website.





# HOUSING NEWS - STAFF INTRODUCTION

## **Will Wieler**

*Housing Manager*

Will Wieler is a highly experienced construction professional with over 10 years of experience in both construction and construction management. In addition to this, he has 10 years of experience in civil engineering, making him a well-rounded expert in his field.

With professional designations in both engineering and project management, Will brings a wealth of knowledge and expertise to every project he undertakes.

Will is dedicated to serving the Tsawout community and is committed to delivering high-quality workmanship that meets the unique needs of Tsawout First Nation.



## **HOUSING APPLICATION UPDATE**

Tsawout Housing would like to update the housing application list.

If you are looking for housing within Tsawout community please update your application.

If you have not updated your application in the last 6 months please go online and update your application or call Will Wieler or Monique Huber to request an application form at 250-652-9101 ext 308.

Scan the QR code to fill out the application or you can also find the form on the Housing homepage, below the "Work Order Request Form" at: [www.tsawout.ca/housing](http://www.tsawout.ca/housing).



# HOUSING NEEDS ASSESSMENT

## Complete a Survey Get a \$100 Gift Card

The housing department is conducting a housing needs assessment and is requesting feedback from the community. The assessment is being carried out in-house without any external consultants or fees. To participate, the head tenant or head of household (for homeowners) should complete a brief online survey. Upon completion, each band owned and CP owned home will receive a \$100 gift card from Thrifty Foods.

Please note that if that if you are the head tenant or head of the household and someone else is completing the survey on your behalf, we will need to see verification of the delegation.

The survey is just one component of the needs assessment. We also plan to conduct brief home condition inspections to supplement the survey and gain a better understanding of the community's needs. Prioritization and planning will be based on the findings of the assessment. Please be patient as this process cannot be completed overnight.

Scan the QR code below to access the survey.



# EDUCATION NEWS - POST SECONDARY LANGUAGE



## Do you want to learn your language as part of your post-secondary education?

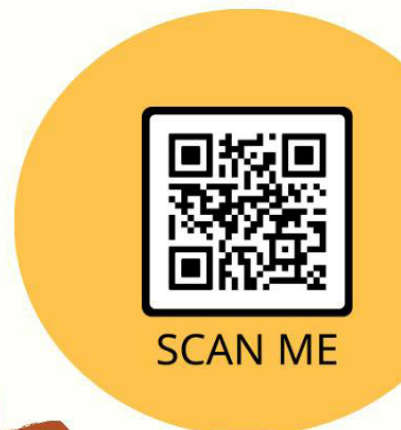
Receive up to \$30,000 in funding for B.C. First Nations students age 18-35!

### Apply by June 14, 2023

This program includes:

- Tuition
- Living & tech allowance
- Mentor-apprentice language learning
- Paid internship

Program Contact: Beckie Wesley  
yes@fpcc.ca



# READY SET LEARN FOR 3-5 YEAR OLDS



FOSTERING POSITIVE CONNECTIONS BETWEEN FAMILIES,  
SAANICH SCHOOLS AND LOCAL COMMUNITY PARTNERS.

We are excited to host our one day event on the  
traditional WSÁNEĆ territory of  
STÁUTW First Nation

**April 18, 2023**  
**3:30 to 5:30pm**  
**Tsawout gymnasium**  
**7728 Tetayut Rd. Saanichton, BC V8M 2E4**

ALL CHILDREN 3-5 AND THEIR FAMILIES ARE INVITED TO JOIN US:

- TAKE PART IN HANDS ON LEARNING ACTIVITIES.
- LEARN MORE ABOUT COMMUNITY RESOURCES AVAILABLE FOR FAMILIES.
- ENJOY SOME FOOD & REFRESHMENTS.
- ENGAGE IN THE FUN!
- 3-5 YEAR OLDS LEAVE WITH AN EARLY LEARNING GIFT BAG.



**DOOR PRIZES!**

Transportation available

**SAANICH  
SCHOOLS**

For transportation & event inquires email: [cablitt@saanichschools.ca](mailto:cablitt@saanichschools.ca)

"We gratefully acknowledge the financial support of the Province of British Columbia through the  
Ministry of Education"





# Tsawout First Nation

NOW ACCEPTING PATIENTS  
FOR PHYSIOTHERAPY

FEEL FREE TO CONTACT US AT:

FAX: 1-844-402-1132

Email: [info@northerntherapy.ca](mailto:info@northerntherapy.ca)

Tsawout Health Centre  
250-652-1149

SELF-REFERRALS ACCEPTED  
AS WELL AS REFERRALS  
FROM NURSES, DOCTORS,  
HEALTH STAFF & FAMILY



## Tsawout First Nation Health Centre



Northern Therapy  
Services

PO Box 143  
New Hazelton, BC, V0J 2J0  
[www.northerntherapy.ca](http://www.northerntherapy.ca)



*Robert Busch*  
Registered Physiotherapist



*Emily Adams*  
Registered Physiotherapist



## Interested in a career in the marine industry?

### Indigenous Summer Internship Program: Marine Spill Response Technician

Western Canada Marine Response Corporation (WCMRC) is a Transport Canada certified Response Organization, whose mandate is to ensure there is a state of preparedness in place and to minimize the impact when an oil spill occurs. This includes the protection of wildlife, cultural and environmental sensitivities, and the safety of both the responders and the public.

#### **How it Works**

WCMRC is hiring Indigenous Interns to work as a deckhand at each of our six response bases – Burnaby, Nanaimo, Sidney, Beecher Bay, Port Alberni and Prince Rupert. The four month (May – August) summer job is a full-time paid position.

Interns will gain valuable work experience in the marine sector and insight into how spill response works on Canada's West Coast.

#### **Who is Eligible?**

Applicants should have a high school diploma and a valid driver's license. Small Vessel Operator Proficiency (SVOP), Marine Emergency Duties (MED A1/A3) certificate and Radio Operators Certificate (ROC- M) are considered assets. Candidates should be physically fit for work at sea in calm and rough waters. You must also be willing and able to work outdoors in extreme weather conditions.

Those wishing to apply must be Indigenous (First Nations status or non-status, Métis, Inuit).

**The Health and Safety of our employees is always our #1 priority, therefore WCMRC requires all interns to be fully vaccinated against Covid-19.**

#### **How to Apply**

Interested internship candidates can email their resumes and cover letters to [careers@wcmrc.com](mailto:careers@wcmrc.com). The deadline for applications is April 20, 2023.

# EMPLOYMENT NEWS

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## TSAWOUT FIRST NATION FISHERIES MANAGER

### PURPOSE OF THE POSITION

The Fisheries Manager will be responsible for coordinating all aspects of fisheries management, fish habitat restoration and enhancement, and work to increase community participation in fisheries related activities.

### DUTIES AND RESPONSIBILITIES

- Conduct community based domestic fishing as required.
- Work with other staff/volunteers and DFO staff to implement catch monitoring activities that are appropriate to meet management requirements of the species or species groups.
- Ensure all Fisheries activities are conducted in safe and appropriate conditions.
- Maintain all Fisheries related equipment in good working condition.
- Implement assessment activities necessary to support domestic fishing activities for Tsawout members.
- Salmon habitat restoration and salmon rebuilding activities in Tsawout territories.
- Implement appropriate assessment activities to properly evaluate fisheries restoration and salmon rebuilding activities.
- Attend various fisheries management and technical meetings, training courses, as required or as directed by the Band Manager.
- Conduct themselves in a professional and respectful manner.
- Maintain confidentiality on all matters relating to the affairs of the Tsawout First Nation.
- Perform other duties and responsibilities as necessary in the performance of the position and as assigned by the Band Manager.
- Boating and navigational skills.
- Knowledge of water, fisheries, environmental and resource planning principles and practices.
- Well-organized and makes good use of systems to track tasks, schedules, etc.
- Strong oral and written communication skills.
- Knowledge of general office procedures and operation, including photocopier and computer skills.
- Working knowledge of Microsoft Office Word and Outlook. Familiarity with Excel, PowerPoint, and Publisher are assets, or willingness to learn.
- Ability to maintain good office systems, including electronic file management and use of online systems such as DropBox.
- Criminal Record Check is a condition of employment.

### EDUCATION AND EXPERIENCE

- High School Diploma preferred.
- Good reputation with the Nation.
- Experience in the Fishing / Fisheries industry.
- Small Vessel Operator Proficiency Certificate.
- Restricted Radio Telephone Operator Certificate.
- Current BC Driver's License.

### Personal Attributes

The Fisheries Manager maintains strict confidentiality in performing their duties and demonstrates the following personal attributes: Respect, Empathy, Strength, Pride and Equality

**Job Type:** Full-time, Permanent.

**Schedule:** Monday to Friday.

**DEADLINE: FRI., April 7, 2023**

Please submit cover letter, resume with salary expectations, and 3 references to:

Colleen Spence (hrmanager@tsawout.ca)  
Tsawout First Nation  
7728 Tetayut Rd., Saanichton, BC V8M 2E4



## **NOTICE TO ALL CLIENTS ON INCOME ASSISTANCE**

**Please ensure that declarations and all supporting documents are in by the 15<sup>th</sup> of every month.** All declarations require applicant signature and, if applicable, it must include spouse signature, job search form, hydro and phone bill (if eligible), most recent paystubs and bank statements, if required.

**\*\* NO DECLARATION (paystubs, job search) = NO CHEQUE \*\***

**Cheque issue is the last Wednesday of every month.** Cheques are available for pick up between 9 am to noon and 1 pm to 4 pm. No calls are taken on cheque day and no one can pick up someone else's S/A cheque unless that person is seriously ill, has mobility barriers or other extenuating circumstances.

**Clients who submit their documents AFTER the deadline date** can pick up their cheque on the following Friday.

**Clients who need to update their file or apply for S/A** need to book an appointment between Tues. to Thurs.

## **NOTICE TO ALL EMPLOYABLE CLIENTS**

It is **MANDATORY** that all employable people seek employment. According to Social Development Policy 2.2: Termination of Benefits – Refusal or abandonment of employment opportunities, refusal to participate in an appropriate training or education opportunity or rehabilitation program will result in Social Development closing your file.

Failure to show any effort in seeking employment or education opportunities such as job searching, employment workshops or upgrading - will result with your SA file being closed. Whenever a decision is made to terminate client benefits, the client has a right to appeal the decision to Aboriginal Affairs and Northern Development Canada by picking up an administrative review form from Social Development. Thank you.

## **Tsawout Social Development (SD) – Income Assistance Application Process**

### **STEP 1 – OBTAIN APPLICATION FROM TSAWOUT RECEPTION TO MAKE AN APPOINTMENT.**

**NO APPOINTMENTS WILL BE MADE A WEEK PRIOR TO OR DURING THE WEEK OF CHEQUE ISSUE.**

- Complete Social Assistance Application Package
- Identification – Adults – 2 each (1 must be a photo)
- Identification – Children - 1 each
- Verification of Income – 60 day bank statements, pay stubs, 2 most recent pay stubs, EI Income and Spousal Support
- Utility Bills – BC Hydro, phone bill, gas or oil bill
- Tenancy Agreement – Tsawout Social Housing, CMHC documents or mortgage documents
- Privately Owned Homes – proof of ownership documentation
- Tax Forms – Canada Child Benefit, Notice of Assessment
- Other Supporting Documents

### **STEP 2 – INTAKE APPOINTMENT**

- Bring all supporting documents to your appointment
- If you have a spouse, he/she needs to be present to sign all documentation
- Employable clients are required to discuss a plan to obtain employment or have an education plan to attain further skills that will help you gain employment.
- If you are unable to seek employment, the worker will need a medical note that will temporarily excuse you from seeking employment or until you are eligible to apply for PPMB (Person with Persistent Multiple Barriers) or PWD (Person with Disability) designation.

### **STEP 3 – PROCESSING**











- Allow up to 5-7 business days for application approval.
- Worker will notify you of your eligibility for Income Assistance.
- We understand that you are in need of help and your matters are important to us. We are doing due diligence to ensure that the process is completed in a timely manner. We appreciate your patience.

### **STEP 4 – YOU HAVE BEEN CONTACTED TO INFORM YOU OF YOUR ELIBILITY STATUS**

- **Approved Applicants** – Will now have the responsibility to assure that all documentation (Declaration, utility bills, pay stubs, job search or any other required documents) is submitted by the 15<sup>th</sup> of each month to ensure they receive their entitlement on time. ALL clients have a responsibility.
- **Ineligible Applicants** – Varies on the situation.
- Will have an opportunity to gather missing or additional supporting documents.
- If you are eligible for EI or in receipt of EI, you will not be eligible for Income Assistance.
- You have earned income that is more than what you are eligible to receive, then you have to wait 30 days to reapply.
- If applicant does not agree with the decision, the applicant can appeal the decision – Inquire about this process with the Social Development Worker.

**\*\* Thank you for reviewing this information. It helps the review and assessment process. Social Development can be contacted at 250-652-9101 (ext. 306).**

# APRIL - GARBAGE, COMPOST & RECYCLING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
			 			
9	10	11	12	13	14	15
			 			
16	17	18	19	20	21	22
			 			
23	24	25	26	27	28	29
			 			
30						

**Garbage pick-up (once/week)** If your garbage is missed or not picked up, call BFI directly at 250-652-4414.

**Compost (Bi-weekly)** If your compost is missed or not picked up, call Refuse at 250-381-6007. If called the same day or early the next day, it is possible to have it picked up the same week if they are in the area and they will ask you to have it at the end of the driveway by 7 am on whichever date they advise. If not, it will have to wait until the next regular pick-up date.

**Recycle (Bi-weekly)** If your recycle is missed or not picked up, call Emterra at 250-385-4399. Call by 11:00 am the next day and they can probably do a pick-up. If any later, it would have to wait until the next pick-up date.

*Reminder that the Heavy Garbage Program has ended. Please do not leave heavy garbage on the side of the road. We continue to clean up the dumpsite on Longhouse Road from the previous years programs. Please discard your heavy garbage at local metal recycle or Hartland landfill.*