

TSAWOUT FIRST NATION

NEWSLETTER

www.tsawout.ca

JULY 2023

COMMUNITY CELEBRATION

JOIN US
JULY 6 & 7, 2023

Tsawout members are invited to join in the celebrations on July 6th & 7th. Tsawout staff have been planning events to mark the elections, welcoming new leadership and honouring the outgoing council. There are two days of events being held, and we are excited to welcome you and your families.

Please see p.03 for event times and locations.

**Chief and Council Elections on
July 5, 2023.**

See p.02 for more details.

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COMMUNITY NEWS - CHIEF & COUNCIL ELECTION 2023

Notice is hereby given to the electors of the Tsawout First Nation that a poll will be held to elect one (1) Chief and Eight (8) Councillors to the Council of the Tsawout First Nation. The poll will be held at The Tsawout First Nation Gym located at 7728 Tetayut Road, Saanichton, B.C. on the 5th day of July, 2023 from 9:00 AM until 8:00 PM (local time).

And that I will count the votes at the Tsawout First Nation Gym located at 7728 Tetayut Road, Saanichton, B.C. on the **5th day of July, 2023**, immediately after the close of the poll and declare the results of the election.

Given under my hand at Delta, British Columbia, on May 23, 2023.




F.P.Schiffner,
Electoral Officer
Phone number: 604-786-2512
Toll Free: 1-800-813-2173
Email: fschiffner90@gmail.com

TSAWOUT FIRST NATION NOMINATED CANDIDATES AS OF MAY 23, 2023

CHIEF	
1	ETZEL, JOHN SR.
2	PELKEY, ABRAHAM
3	SAM, MARY ANN
4	UNDERWOOD, BRUCE
5	UNDERWOOD, LLOYD

COUNCIL	
1	BILL, MAGGIE
2	CLAXTON, DAN
3	CLAXTON, JENNIFER
4	ELLSWORTH, MAUREEN
5	ETZEL, JOHN SR.
6	ETZEL, SAMANTHA
7	HERMSEN, ELIZABETH
8	HORNE, GEORGE LEO
9	JIM, CHRISTOPHER
10	JONES, MONIQUE
11	JOSEPH, BLAKE
12	LAFORTUNE, PERRY
13	PELKEY, ABRAHAM
14	PELKEY, EDITH
15	PELKEY, ERIC SR
16	PELKEY, FLOYD
17	PELKEY, JOEL
18	PELKEY, SANDRA
19	SAM, STANLEY
20	SAMPSON, MARION
21	UNDERWOOD, ADRIAN
22	UNDERWOOD, BRUCE
23	UNDERWOOD, HARVEY
24	UNDERWOOD, RICHARD
25	UNDERWOOD, TRACY
26	WILLIAMS, DONALD
27	WILSON, JOHN
28	WILSON, KEVIN

<p>NOTE: THE ABOVE LIST OF CANDIDATES ARE SUBJECT TO WITHDRAWAL UP TO AND INCLUDING JULY 5, 2023</p> 
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Tsawout members are invited to join in the celebrations next week July 6th & 7th. The staff have been planning events to mark the Tsawout elections and welcoming new leadership and honouring the outgoing leadership. There are two days of events being held, and we are excited to welcome you and your families.

Please see the tables below for event times and locations. We look forward to seeing you!

JULY 6, 2023	Event	Location
2:00pm	Clown Performance, Balloons & Face Painting	Gym
5:00pm – 8:00pm	Community Feast	Bighouse
	New Council Swearing-in Ceremony	Bighouse
	Honouring Outgoing Leadership	Bighouse
8:30pm	Movie Night in the Gym with Popcorn & Candy Bags	Gym

JULY 7, 2023	Event	Location
1:00pm – 5:00pm	Grad Reception in the Gym	Gym
	Fish Stamping	Gym
	T Shirt Making	Gym
	Bouncy Castle	Gym
	Pit Cook	Outside behind office
8:30pm-9:30pm	Bone Game in Gym	Gym
10:00pm	Fireworks at the Beach!	Beach

NOTORIOUS CREE AT THE COMMUNITY CELEBRATION



Just two deadly
Indigenous peoples
Staring at each other

**Tsawout
Proudly
Presents...**

**Notorious Cree
aka James Jones!**

**World renowned Hoop Dancer &
Motivational Speaker**



James Jones is a traditional hoop dance artist from the Tallcree First Nation in Alberta. He is ranked among the Top 5 Hoop Dancers in the World. He also appeared as a finalist on "So you think you can dance Canada". James is also known for creating educational and motivational videos, and performing on TikTok, with a following of over 3M.



**JULY
7TH**

At 6 PM during the
Community Celebration
In the Gym

FOR ALL AGES!



TSAWOUT
FIRST NATION

TRIBAL
JOURNEYS
2023

PADDLES
UP!

Canoes land in Tsawout July 21st 2023 then to Muckleshoot for final landing

If you or your family are interested in travelling, please contact Michelle McDormand at mmcdormand@tsawout.ca or call 250-885-7095.

**Need numbers as relatives in US are requesting an estimate.*





SUPPORT for INDIGENOUS STUDENT LEARNING PROGRAM

INDIGENOUS DISABILITY CANADA

WHO - Indigenous students of any age, across Canada who have limited financial resources, including Indigenous students living with disabilities. To be eligible, students must be of low-income, enrolled in formal education (online, remote, on-site), and must be actively attending classes

HOW - Submit your filled application along with the supporting documents to the **sislp@bcands.bc.ca** to be considered to receive a laptop and/or related accessories necessary for learning and academic success

WHY - To support and assist Indigenous (First Nation, Métis, Inuit) students in their continued educational success, ongoing studies and eventual career path

Resources are limited - apply today!

Applications will be accepted up to March 15, 2024 or until available resources have been expended.

All information will be verified, applications will be approved or declined based on documented priority need

Visit www.bcands.bc.ca for more information and to apply

**Due to the pandemic and world wide shortages of technology, times to receive computers by approved applicants may be longer than anticipated*



Indigenous Disability Canada (IDC)

Mailing Address: #6 - 1610 Island Highway - Victoria, British Columbia - Canada - V9B 1H8
Toll Free Telephone: 1-888-815-5511 **Victoria Capital Region Telephone:** (250) 381-7303
Fax: (250) 381-7312 **Email:** sislp@bcands.bc.ca





Indigenous Disability Canada (IDC)

Support for Indigenous Student Learning Program (National Program)

Contact: SISLP - #6 – 1610 Island Highway – Victoria, British Columbia – V9B 1H8
Toll Free: 1-888-815-5511 - Victoria **Capital Region:** (250) 381 -7303 Fax: (250) 381-7312
Email: sislp@bcands.bc.ca

The IDC Support for Indigenous Student Learning Program (SISLP) is a time-limited program available to Indigenous (First Nation, Métis, and Inuit) students of limited financial resources, including Indigenous students living with disabilities.

The objective of the SISLP is to provide technology and / or other technology related supports, to Indigenous learners to assist in improving their access and participation in education, training and lifelong learning in order to be successful in their studies and future career paths. IDC is accepting applications from Indigenous students from across Canada, inclusive of all provinces, territories, and Indigenous communities.

Are You Eligible?

- Applicants must be of Indigenous ancestry (First Nation, Métis, or Inuit);
- Applicants must demonstrate a clear financial need for SISLP support;
- For the purpose of applicants identifying as living with a disability AND demonstrating a clear financial need, the following definition of disability will be used:
“Any impairment, including a physical, mental, intellectual, cognitive, learning, communication or sensory impairment — or a functional limitation — whether permanent, temporary or episodic in nature, or evident or not, that, in interaction with a barrier, hinders a person’s full and equal participation in society.”
- Applicants must be enrolled in formal education at any level from kindergarten to post-secondary, OR taking courses through an accredited institution, AND **must be** actively attending;
- Educational programs attended must be of no less than one year in duration (either online, remotely, or on-site learning);
- Applicants cannot have received prior support from the BCANDS SSLP (now IDC SISLP), must not have received/be receiving support for equipment/technology from their Nation, community, or any other government or organization program;
- Applicants must be a resident of Canada;
- Applicants, whose course’s final completion / graduation is less than 3 months away at the time of the application review, will be considered, however will not be prioritized;
- Applications for the SISLP are for individual learners only, schools, organizations; communities, etc. are not eligible to apply.

In order to be considered, the SISLP application **must be fully completed, including Section 6**. IDC will verify the applicant's enrolment, attendance (online, remote, or in-class), and financial need. IDC reserves the right to refuse any application and to determine the level of support approved. IDC will prioritize approvals based on the information provided in the application, the demonstrated need, and the date received. Applicant's receiving support from their Nation, community, governments or other organizational programs, in relation to technology, may be deemed ineligible.

Applications will be accepted on an ongoing basis, however to be considered must be received by IDC no later than March 15, 2024. Due to the limited financial resources available and high demand, IDC recommends that applicants submit their completed application as early as possible. Late applications will not be reviewed. In the event that the program’s resources have been fully expended prior to March 15, 2024 the application process will be closed. Should you require assistance or clarity regarding the application or have questions regarding the SISLP, please do not hesitate to contact us.

Excellent health and care for everyone,
everywhere, every time.



Did you know that you can have access to a nurse to help you manage your health concerns, right from the comfort of your home?

Have you recently needed medical care for your diabetes, high blood pressure, kidney disease, COPD or heart failure? Phone support from an Island Health nurse may help you to learn ways to better manage your health concerns, right from home.

Island Health's Community Virtual Care (CVC) program can work with you and your health team to support you to take your own measurements (such as blood pressure, oxygen saturation and pulse rate) using the devices provided by the program. Your measurement results will be sent to the nurse and they will call you every week to find out how you are feeling and support you to learn how best to manage your symptoms.

The program usually lasts about three months but can be paused when you need to be away from home. You are welcome to enroll again if you would like more support.

The program is free and the devices are loaned to you at no cost. You don't need to have a doctor or nurse practitioner to sign up. You can refer yourself (or have family or friends sign you up) or talk to your home care nurse, nurse practitioner or doctor about signing up for Community Virtual Care.

To register or for more information on this program, please call the Community Access office near you:

North Island Community Access Phone: 1-866-928-4988

(Port Alberni, West Coast, Comox Valley, Campbell River, Mt Waddington)

Central Island Community Access Phone: 1-877-734-4101

(Cowichan, Nanaimo, Oceanside)

South Island Community Access Phone: 1-888-533-2273

(Greater Victoria, Westshore, Sooke, Peninsula, Gulf Islands)

COMMUNITY NEWS - BIRTHDAY CELEBRATION

Tsawout staff celebrated KÁNTENOT's 87th birthday this past month. It was wonderful to share this special day with our Tsawout Elder and valuable member of our Language Nest.



HOUSING OUTREACH UPDATE

Plumbing or Electrical Problems

If you notice any plumbing leaks or electrical issues in your home, please contact the Tsawout Housing Department immediately to avoid unnecessary damage.

You can call Will Wieler Housing Manager at 250-652-9101 ext. 308 or Monique Horne ext. 302. You can also use the online work order request which goes directly to the Housing Department. You will find this request form located on the Tsawout website.



Community Notice - Energy Upgrade Rebates

The Housing Department would like to make the community aware of some energy upgrade rebate opportunities. Some eligible projects where rebates of up to 95% of the costs are covered include:

1. New Heat Pumps
2. New Windows and Exterior Doors
3. New Insulation
4. Heat Pump Water Heater
5. Improved Ventilation

There are 2 main programs that can be applied to the homes on Tsawout.

1. CleanBC Indigenous Community Energy
 - a. This program provides up to \$12,000 in rebates and up to 80% of the cost of a heat pump if it is replacing a wood stove that is currently the primary heat source for the home.
2. CleanBC Better Homes Income Qualified Program
 - a. Up to 95% rebate for insulation up to a maximum of \$5,500 per home.
 - b. Windows and Doors – up to 95% rebate up to \$9,500 per home.
 - c. Heat Pump- replacing existing electric baseboards – up to 95% rebate up to \$5,000/home.
 - d. Air to Water Heat Pump – replaces wood or existing electric heat source with an air to water heat pump – up to 95% rebate up to \$9,500 per home.
 - e. Heat Pump Water Heater - replaces existing hot water tank - up to 95% rebate up to \$3,500 per home
 - f. Ventilation is an eligible expense if completed with a heat pump or door and window upgrade – rebate of up to 95% up to \$1,600 per home

To qualify for the 95% Income Qualified Program rebate, the applicant's household income must be at Level 1 as shown in the chart below. Income level 2 receives a lesser rebate of 60%. See below:

Number of people living in the home (including adults and children)	Combined pre-tax annual income of all adults in the home (excluding dependants)	
	Income Level 1	Income Level 2
1	\$42,593	\$55,903
2	\$53,026	\$69,596
3	\$65,189	\$85,560
4	\$79,147	\$103,880
5	\$89,768	\$117,820
6	\$101,242	\$132,880
7 or more	\$112,718	\$147,943

EDUCATION NEWS - SUMMER CAMP LEADERS

Welcome Camp Leaders to Tsawout Learning House

We would like to send a shout out to our summer camp leaders of 2023!

Travis James, Julius Etzel, Chloe Skibo, Marvin Pelkey, Logan Huber, William Bartleman, Marlayna Swan, Evelyn Underwood, Jewlelia Wilson, Senseni Swan

Substitutes: Sophie Sam, Heli Etzel, Kaine Raphael,

VIU Practicum Students: Olivia and Mikayla



Head Start Summer Closure

Head Start playgroup will not be running through the summer. Head Start outreach services will still be available.

ELDER WELLNESS PROGRAM

PRESENTED BY TSAWOUT HEALTH TEAM AND BENECOR



WHEN: Thursdays at 9:30 am - 11:00 am
WHERE: Tsawout Auditorium

*An exercise and mental wellness program for Elders.
All physical activity levels welcome!*

Light breakfast provided.

KELLY SHARP, NP AWAY

Kelly Sharp, NP will be away from July 26 - August 08th, 2023.

FISHERIES UPDATE



Tsawout Fisheries boat, "Baby Jade" participated in the First Nations Marine Stewardship Flotilla on June 8th to kick off the Coastal Zone Conference. First Nations Marine Teams from Southern Vancouver Island gathered with their stewardship vessels in Victoria's Inner Harbour to demonstrate Indigenous Leadership in the Blue Economy.

Part of the Fisheries team attended Coastal Zone Canada Conference in Victoria, connecting Canada with the Coast. It was great networking with hundreds of people that share passion for the coastal environment.

There were many boat trips in June from supporting youth from our community to Sidney Island for camping trips, a trip around the gulf islands to hear stories shared by Elders, and an important day celebrating the new **KENES SOŁ** at East Point.

Another round of SVOP training was hosted here at Tsawout band office through Fisheries and Fish Safe. Congratulations to those members who came out and participated in the training!

It was a devastating week when the sewage spill was discovered on Tsawout lands. It was a great show of collaboration having many departments step up and work together; from stopping the leak, to clean up, to water sampling and communications amongst contractors, community, and departments. Fisheries would like to remind community that it is **CLOSED** for harvesting shellfish in the bay due to the spill. We are awaiting water samples lab results and will advise community when it is safe to get back to harvesting.

WHIMIS TRAINING CERTIFICATE

JULY 4TH, 2023 From 9:00am-11:30am



Contact Laurie to sign up @ employment@tsawout.ca
or text 778-533-6452

Mukaday-Ginew @ employmentcoordinator@tsawout.ca

Both courses will be in the auditorium with a meal provided.

FALL PROTECTION CERTIFICATE

JULY 4TH, 2023 From 12:30pm-5:00pm



EMPLOYMENT NEWS - FOOD SAFETY COURSE



FOOD SAFE LEVEL ONE COURSE

JULY 12TH, 2023 FROM 9:00am-4:30pm

This course will be in the auditorium with a meal provided.

Contact Laurie to sign up @ employment@tsawout.ca

Or text 778-533-6452

Mukaday-Ginew @ employmentcoordinator@tsawout.ca

NOTICE TO ALL CLIENTS ON INCOME ASSISTANCE

Please ensure that declarations and all supporting documents are in by the 15th of every month. All declarations require applicant signature and, if applicable, it must include spouse signature, job search form, hydro and phone bill (if eligible), most recent paystubs and bank statements, if required.

**** NO DECLARATION (paystubs, job search) = NO CHEQUE ****

Cheque issue is the last Wednesday of every month. Cheques are available for pick up between 9 am to noon and 1 pm to 4 pm. No calls are taken on cheque day and no one can pick up someone else's S/A cheque unless that person is seriously ill, has mobility barriers or other extenuating circumstances.

Clients who submit their documents AFTER the deadline date can pick up their cheque on the following Friday.

Clients who need to update their file or apply for S/A need to book an appointment between Tues. to Thurs.

NOTICE TO ALL EMPLOYABLE CLIENTS

It is **MANDATORY** that all employable people seek employment. According to Social Development Policy 2.2: Termination of Benefits – Refusal or abandonment of employment opportunities, refusal to participate in an appropriate training or education opportunity or rehabilitation program will result in Social Development closing your file.

Failure to show any effort in seeking employment or education opportunities such as job searching, employment workshops or upgrading - will result with your SA file being closed. Whenever a decision is made to terminate client benefits, the client has a right to appeal the decision to Aboriginal Affairs and Northern Development Canada by picking up an administrative review form from Social Development. Thank you.

Tsawout Social Development (SD) – Income Assistance Application Process

STEP 1 – OBTAIN APPLICATION FROM TSAWOUT RECEPTION TO MAKE AN APPOINTMENT.

NO APPOINTMENTS WILL BE MADE A WEEK PRIOR TO OR DURING THE WEEK OF CHEQUE ISSUE.

- Complete Social Assistance Application Package
- Identification – Adults – 2 each (1 must be a photo)
- Identification – Children - 1 each
- Verification of Income – 60 day bank statements, pay stubs, 2 most recent pay stubs, EI Income and Spousal Support
- Utility Bills – BC Hydro, phone bill, gas or oil bill
- Tenancy Agreement – Tsawout Social Housing, CMHC documents or mortgage documents
- Privately Owned Homes – proof of ownership documentation
- Tax Forms – Canada Child Benefit, Notice of Assessment
- Other Supporting Documents

STEP 2 – INTAKE APPOINTMENT

- Bring all supporting documents to your appointment
- If you have a spouse, he/she needs to be present to sign all documentation
- Employable clients are required to discuss a plan to obtain employment or have an education plan to attain further skills that will help you gain employment.
- If you are unable to seek employment, the worker will need a medical note that will temporarily excuse you from seeking employment or until you are eligible to apply for PPMB (Person with Persistent Multiple Barriers) or PWD (Person with Disability) designation.

STEP 3 – PROCESSING











- Allow up to 5-7 business days for application approval.
- Worker will notify you of your eligibility for Income Assistance.
- We understand that you are in need of help and your matters are important to us. We are doing due diligence to ensure that the process is completed in a timely manner. We appreciate your patience.

STEP 4 – YOU HAVE BEEN CONTACTED TO INFORM YOU OF YOUR ELIBILITY STATUS

- **Approved Applicants** – Will now have the responsibility to assure that all documentation (Declaration, utility bills, pay stubs, job search or any other required documents) is submitted by the 15th of each month to ensure they receive their entitlement on time. ALL clients have a responsibility.
- **Ineligible Applicants** – Varies on the situation.
- Will have an opportunity to gather missing or additional supporting documents.
- If you are eligible for EI or in receipt of EI, you will not be eligible for Income Assistance.
- You have earned income that is more than what you are eligible to receive, then you have to wait 30 days to reapply.
- If applicant does not agree with the decision, the applicant can appeal the decision – Inquire about this process with the Social Development Worker.

**** Thank you for reviewing this information. It helps the review and assessment process. Social Development can be contacted at 250-652-9101 (ext. 306).**

JULY - GARBAGE, COMPOST & RECYCLING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
			 			
9	10	11	12	13	14	15
			 			
16	17	18	19	20	21	22
			 			
23	24	25	26	27	28	29
			 			
30	31					

Garbage pick-up (once/week) If your garbage is missed or not picked up, call BFI directly at 250-652-4414.

Compost (once/week) If your compost is missed or not picked up, call Refuse at 250-381-6007. If called the same day or early the next day, it is possible to have it picked up the same week if they are in the area and they will ask you to have it at the end of the driveway by 7 am on whichever date they advise. If not, it will have to wait until the next regular pick-up date.

Recycle (Bi-weekly) If your recycle is missed or not picked up, call Emterra at 250-385-4399. Call by 11:00 am the next day and they can probably do a pick-up. If any later, it would have to wait until the next pick-up date.

Reminder that the Heavy Garbage Program has ended. Please do not leave heavy garbage on the side of the road. We continue to clean up the dumpsite on Longhouse Road from the previous years programs. Please discard your heavy garbage at local metal recycle or Hartland landfill.