

# TSAWOUT FIRST NATION

NEWSLETTER

www.tsawout.ca

OCTOBER 2023

## FRUIT HARVEST



In September, The Fisheries Department along with many other volunteers harvested fresh fruits and vegetables for Tsawout members.

View page 03 for more pictures.

**The Head Start Program is hosting the Play Cafe and Head Start 101. See pages 05 & 06 for more info.**

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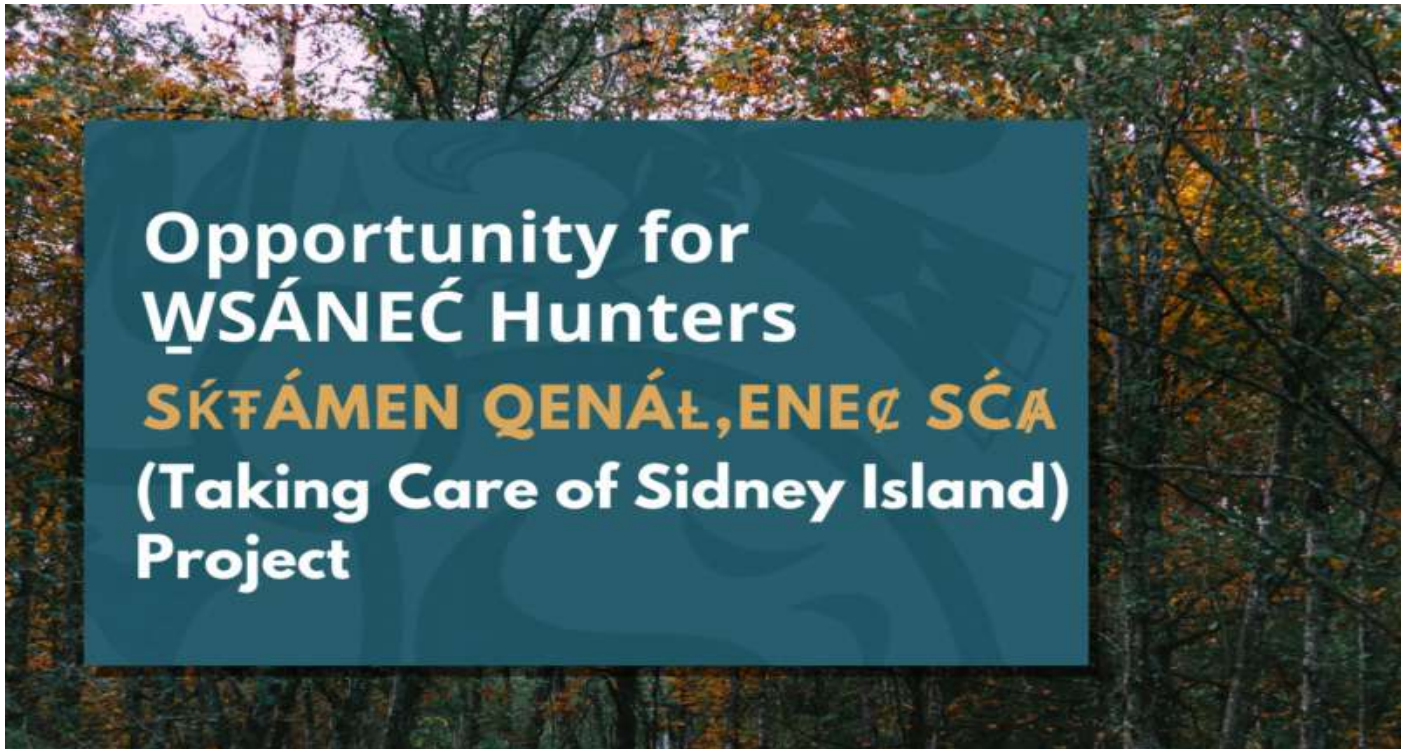
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P/13. GARBAGE, COMPOST & RECYCLING

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# TAKING CARE OF SIDNEY ISLAND PROJECT

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We are seeking individuals to help recover meat to be shared with WSÁNEĆ communities as part of the SKƆÁMEN QENÁŁ, ENEƆ SƆA (Taking Care of Sidney Island) project, specifically the eradication of fallow deer from SKƆÁMEN (Sidney Island).

## Duties:

- Work with Parks Canada staff to find, recover, and field dress deer carcasses
- Harvesters will not be shooting deer.
- Recover and prepare carcasses for butchering before the meat is distributed within the community.
- Training will be provided **Oct 12 and Oct 13** by knowledge holders and First Nations Health Authority.

## Dates:

- Oct 12 and Oct 13: 2 day trips to Sidney Island for training
- Nov 30 – Dec 10: 10 days camping overnight and working on SKƆÁMEN (Sidney Island).
- Could be split into 2 @ separate 5 day shifts.

## Conditions:

- Outdoor camping and working on Sidney Island in December.
- Food, tents, cots, and sleeping bags will be provided
- Days will be spend recovering carcasses, field dressing, peeling hides, removing antlers and hooves and hanging carcasses in a cold storage trailers.
- Dry camp (zero alcohol) and no weapons permitted (bows or firearms)
- WLC will provide \$250 day rate compensation

Contact Ben.Tooby@Canada.ca (Parks Canada) if you have any questions or concerns.

Please visit [www.wsanec.com](http://www.wsanec.com) to apply.

## FRUIT HARVEST



The Fisheries Department harvested fruits for Tsawout members in September. In addition to the Fisheries crew, we would like to thank:

- Stillhorn farm
- Hugh & Jill Wilzeski
- Chief Abraham Pelkey, wife Sarah, children Jacob & Naveah.
- Chris Harrison, TFN Fisheries Coordinator
- Neil Fowler, Fisheries Technician
- Elmer Horne
- Shae Harding
- Laís Chaves

## SVOP, SVDS & ROC-M COURSES

**INTERESTED IN BECOMING A COMMERCIAL BOAT OPERATOR?  
BECOME TRANSPORT CANADA CERTIFIED.**

**SVOP COURSE:** (SMALL VESSEL OPERATOR PROFICIENCY)  
**TUES. OCT. 10TH-13TH**

**RCOC-M:** (RESTRICTED RADIOTELEPHONE OPERATOR'S CERTIFICATE)  
**MON. OCT. 16TH & 17TH**

**PLEASE CONTACT SHAE HARDING**  
**([fisheriesliaison@tsawout.ca](mailto:fisheriesliaison@tsawout.ca)) IN THE FISHERIES DEPT. TO SIGN UP, LIMITED SPOTS AVAILABLE.**

Training is open to all registered members of the W̱SÁNEĆ Communities. We will inform non-members if space is available after community registration is complete.

# WOLFPACK



Tuesdays & Thursdays 6 P.M.  
Tsawout Auditorium

For more info  
[lifecoach@tsawout.ca](mailto:lifecoach@tsawout.ca)

**MY BROTHERS ARE YOUR BROTHERS. YOUR BROTHERS ARE MY BROTHERS**

**JOIN US  
@  
PLAY CAFE  
Fridays 1 PM-3:30 PM**

**Head Start Drop-in Play Group  
Welcome to all Parents, Caregivers, and  
Children 0-6**

**Come Enjoy Snacks, Coffee/ Tea,  
Crafts, Sensory Play, Stories, and more.**

**Located next to the Language Nest room  
in the basement @ Tsawout Band Office.**

**For more info call the Head Start Outreach  
Amber Cunningham: (778) 533-7986**





*Head Start 101*

**Join us**  
**Oct 5th**  
**and 6th**  
**1-4 PM**

*Come and join us to learn about what the Head Start program is all about, and offer your feedback to help us build the best Head Start program together.*

*We will be meeting in the auditorium @ Tsawout Band Office Basement.*

*If you have any questions Call:  
Amber (778) 533-7986*



# LEARNING HOUSE NEWS

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## LEARNING HOUSE CLOSURES

We will be closed **OCTOBER 2ND** for Natitonal Truth and reconciliation Day and **OCTOBER 9TH** for Thanksgiving Day.



### NEW TEAM MEMBER

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My name is Jewelia Wilson and I recently accepted the new Team Lead Position here at the TSAWOUT Learning House.

I am extremley excited to be working alongside Stephanie Adams, staff and students.

My new email is [teamleader@tsawout.ca](mailto:teamleader@tsawout.ca)

Please contact me with any questions.

~Jewelina Wilson.

# LEARNING HOUSE NEWS - PARENT GUIDELINES

PLEASE TAKE MOMENT TO READ OUR LEARNING HOUSE PARENT GUIDELINES.

## TSAWOUT AFTER SCHOOL CARE PROGRAM

### TSAWOUT AFTER SCHOOL CARE PROGRAM

#### CURRENT PARENT GUIDELINES 2023 – 2023

1. ALL Caregivers/parents/families ***must sign out*** thier child when picked up each day, the staff are not to let any child go alone outside the band office for pick up. Staff do not allow children to go anywhere in the band office alone to meet a parent even if the parent works in the building.
2. Parents need to make sure to fill out on the registration package ***who can pick your child up***, if the individual picking up your child is not on the approved list, the staff will not allow the child to go and the parent must come for the pick up.
3. If you miss the registration deadline for Spring break and Summer Camps you will be put on the waitlist, lot's of notice will be given to parents, this includes staff who work for Tsawout.
4. There is now a three strike system in place for late pick up's, after three strikes your child will be removed from the program until a meeting is in place with the Education Manager and Coordinator of TLH.
5. We are closed on all statutory holidays, plus Easter Monday and professional days, as well as community funerals or unsuspected closures of the band office.
6. Each month there will be a parent night hosted for ccaregivers currently registered in our program, this is an opportunity to bring your concerns and any updates from our department.
7. Any child absent for more than a week from our summer and spring break camps without letting the staff know why the child will be automatically



# LEARNING HOUSE NEWS - PARENT GUIDELINES



## TSAWOUT FIRST NATION

- removed from the list and replaced and will not be allowed to return until a meeting has taken place with the TLH Coordinator and Education Manager.
8. ALL incident reports regarding your child will be communicated to the parent ASAP.
  9. Please let the staff know of any food allergies or preferences your child has, they must bring their own snack if they do not want the snack provided to them.
  10. Currently we have a curriculum in place for both classrooms;
    - **Monday**  
Art/Drama – Primary classroom  
Literacy/Reading – Intermediate classroom
    - **Tuesday**  
SENCOTEN – Intermediate classroom  
Crafts/Play – Primary classroom
    - **Wednesday**  
SENCOTEN – Primary Classroom  
Crafts – Intermediate Classroom
    - **Thursday**  
Art/Drama – Intermediate Classroom  
Literacy/Reading – Primary Classroom
    - **Friday**  
Gym – rotation for each classroom  
Land based Cultural Learning – rotation for each classroom.
  11. Staff have a duty to report to the Ministry Designate of Tsawout any concerns regarding a child who may show signs of sexual/physical/emotional/neglect, all cases are kept strictly confidential.
  12. If your child has LICE they cannot attend program until the child's head is free from lice, if you need assistance with combs or solution please see the Tsawout nurse.
  13. It is the parent's responsibility to make sure all consent forms are signed especially for field trips.
  14. Children are not permitted to use cell phones during the after-school program as well as spring and summer camps and non instructional days.

# HEALTH PROGRAM NEWS

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## HEALTH AWARENESS

The Health Awareness lunch is being held on October 16th from 11:30 am - 1:30 pm in the Multi Purpose Room.

This meeting will focus on food, diabetes, and the liver (recognizing liver awareness month).

## NURSE PRACTITIONER AWAY

Please be aware that Kelly Sharp, NP will be away from September 25 - October 03, 2023.

There will be **no walk-in clinic** on Friday, September 22 & October 29th due to staff shortages.



## *Life after loss*

### Finding meaning after loss of loved ones

### Group therapy

Grief therapy is a welcoming, unprejudiced approach to help you develop strategies for coping with your loss and grief. This approach provides benefits such as:

- Accept the reality of loss.
- Process and experience the pain of your loss.
- Adjust to a new reality.
- find enduring connections or relationships with the loss in the midst of embarking on a new life.

**Sessions:** 2 hours per session, 8 sessions in total. Participants: 19 years & older, briefly screened through a 15-minute call to ensure this is the right group fit

**Dates:** Tuesdays, Starting October 3rd until November 21, 2023

**Location:** Multi-purpose room (snacks & lunch provided)

Please note this group is taking only 6 members this time around to ensure enough time is available for everyone. For more information, please call Health 250-652-1149

## HOUSING COMMITTEE

Tsawout Housing is starting up the housing committee. We are seeking applications from interested community members. We would like to include representatives from the various families, elders, youth, the Health Department, CP, and Social Housing representatives.

Please submit your name by phone or email:

- Monique Horne: [housingoutreach@tsawout.ca](mailto:housingoutreach@tsawout.ca)
- Will Wieler: [housingmanager@tsawout.ca](mailto:housingmanager@tsawout.ca)
- 250-652-9101 ext. 302



## ARREARS SUPPORT

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Tsawout has received a grant through CRD Reaching Home to assist with the arrears repayment for Tsawout community members.

Are you in arrears and would like to start a repayment plan? Tsawout housing can provide up to \$3500 towards your arrears repayment. This is open to all community members in arrears who are willing to complete an arrears repayment agreement.

Contact Monique for further information at 250-652-9101 ext. 302 or [housingoutreach@tsawout.ca](mailto:housingoutreach@tsawout.ca)

## HOUSING MAINTENANCE - BAND HOMES

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If you notice any plumbing leaks or electrical issues in your home, please contact the Tsawout Housing Department immediately to avoid unnecessary damage.

You can call:

- Will Wieler Housing Manager 250-652-9101 ext. 308
- Monique Horne 250-652-9101 ext. 302

Or you can use the online work order request, which goes directly to the housing department.

You will find this request form located on the Tsawout Web page.

## **NOTICE TO ALL CLIENTS ON INCOME ASSISTANCE**

**Please ensure that declarations and all supporting documents are in by the 15<sup>th</sup> of every month.** All declarations require applicant signature and, if applicable, it must include spouse signature, job search form, hydro and phone bill (if eligible), most recent paystubs and bank statements, if required.

**\*\* NO DECLARATION (paystubs, job search) = NO CHEQUE \*\***

**Cheque issue is the last Wednesday of every month.** Cheques are available for pick up between 9 am to noon and 1 pm to 4 pm. No calls are taken on cheque day and no one can pick up someone else's S/A cheque unless that person is seriously ill, has mobility barriers or other extenuating circumstances.

**Clients who submit their documents AFTER the deadline date** can pick up their cheque on the following Friday.

**Clients who need to update their file or apply for S/A** need to book an appointment between Tues. to Thurs.

## **NOTICE TO ALL EMPLOYABLE CLIENTS**

It is **MANDATORY** that all employable people seek employment. According to Social Development Policy 2.2: Termination of Benefits – Refusal or abandonment of employment opportunities, refusal to participate in an appropriate training or education opportunity or rehabilitation program will result in Social Development closing your file.

Failure to show any effort in seeking employment or education opportunities such as job searching, employment workshops or upgrading - will result with your SA file being closed. Whenever a decision is made to terminate client benefits, the client has a right to appeal the decision to Aboriginal Affairs and Northern Development Canada by picking up an administrative review form from Social Development. Thank you.

## **Tsawout Social Development (SD) – Income Assistance Application Process**

### **STEP 1 – OBTAIN APPLICATION FROM TSAWOUT RECEPTION TO MAKE AN APPOINTMENT.**

**NO APPOINTMENTS WILL BE MADE A WEEK PRIOR TO OR DURING THE WEEK OF CHEQUE ISSUE.**

- Complete Social Assistance Application Package
- Identification – Adults – 2 each (1 must be a photo)
- Identification – Children - 1 each
- Verification of Income – 60 day bank statements, pay stubs, 2 most recent pay stubs, EI Income and Spousal Support
- Utility Bills – BC Hydro, phone bill, gas or oil bill
- Tenancy Agreement – Tsawout Social Housing, CMHC documents or mortgage documents
- Privately Owned Homes – proof of ownership documentation
- Tax Forms – Canada Child Benefit, Notice of Assessment
- Other Supporting Documents

### **STEP 2 – INTAKE APPOINTMENT**

- Bring all supporting documents to your appointment
- If you have a spouse, he/she needs to be present to sign all documentation
- Employable clients are required to discuss a plan to obtain employment or have an education plan to attain further skills that will help you gain employment.
- If you are unable to seek employment, the worker will need a medical note that will temporarily excuse you from seeking employment or until you are eligible to apply for PPMB (Person with Persistent Multiple Barriers) or PWD (Person with Disability) designation.

### **STEP 3 – PROCESSING**











- Allow up to 5-7 business days for application approval.
- Worker will notify you of your eligibility for Income Assistance.
- We understand that you are in need of help and your matters are important to us. We are doing due diligence to ensure that the process is completed in a timely manner. We appreciate your patience.

### **STEP 4 – YOU HAVE BEEN CONTACTED TO INFORM YOU OF YOUR ELIBILITY STATUS**

- **Approved Applicants** – Will now have the responsibility to assure that all documentation (Declaration, utility bills, pay stubs, job search or any other required documents) is submitted by the 15<sup>th</sup> of each month to ensure they receive their entitlement on time. ALL clients have a responsibility.
- **Ineligible Applicants** – Varies on the situation.
- Will have an opportunity to gather missing or additional supporting documents.
- If you are eligible for EI or in receipt of EI, you will not be eligible for Income Assistance.
- You have earned income that is more than what you are eligible to receive, then you have to wait 30 days to reapply.
- If applicant does not agree with the decision, the applicant can appeal the decision – Inquire about this process with the Social Development Worker.

**\*\* Thank you for reviewing this information. It helps the review and assessment process. Social Development can be contacted at 250-652-9101 (ext. 306).**

# OCTOBER - GARBAGE, COMPOST & RECYCLING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4  	5	6	7
8	9	10 	11  	12	13	14
15	16	17	18  	19	20	21
22	23	24 	25  	26	27	28
29	30	31				

**Garbage pick-up (once/week)** If your garbage is missed or not picked up, call BFI directly at 250-652-4414.

**Compost (once/week)** If your compost is missed or not picked up, call Refuse at 250-381-6007. If called the same day or early the next day, it is possible to have it picked up the same week if they are in the area and they will ask you to have it at the end of the driveway by 7 am on whichever date they advise. If not, it will have to wait until the next regular pick-up date.

**Recycle (Bi-weekly)** If your recycle is missed or not picked up, call Emterra at 250-385-4399. Call by 11:00 am the next day and they can probably do a pick-up. If any later, it would have to wait until the next pick-up date.

*Reminder that the Heavy Garbage Program has ended. Please do not leave heavy garbage on the side of the road. We continue to clean up the dumpsite on Longhouse Road from the previous years programs. Please discard your heavy garbage at local metal recycle or Hartland landfill.*