

# TSAWOUT FIRST NATION

NEWSLETTER

[www.tsawout.ca](http://www.tsawout.ca)

MAY 2024



## **Stephanie Adams Retires**

After many years of serving the children and families of Tsawout at the Learning House, Stephanie Adams has retired.

If anyone would like to share a special note to Stephanie, there will be a scrap book at the front reception until May 3.

We wish her the best in retirement.

See page 10 for more details.

## **Inside this Issue:**

---

P/02. COMMUNITY NEWS & EVENTS

---

P/10. STEPHANIE ADAMS RETIRES

---

P/11. WELLNESS DEPARTMENT NEWS

---

P/17. FISHERIES DEPARTMENT NEWS

---

P/19. LANDS NEWS

---

P/20. EDUCATION DEPARTMENT NEWS

---

P/21. HEALTH NEWS

---

P/23. SOCIAL DEVELOPMENT NEWS

---

P/24. GARBAGE, RECYCLING & COMPOST

---

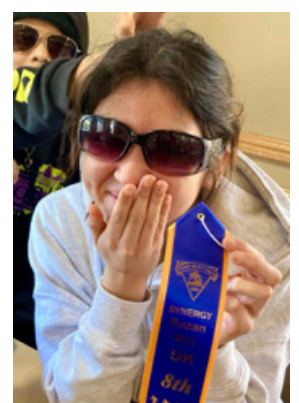
# COMMUNITY NEWS & EVENTS

## Bazan Bay 5K

ÍY SĆA (Good job!) WSÁNEĆ Thunderbird Runners!

On Sunday, April 14, eight STÁUTW youth (Jacob Morris, Erin Sam, MJ Sylvester, Joseph Underwood, Kalysta Charlie, Elyse George-Charlie, Nini George-Charlie, and Mehkenzi Eagleheart-Charlie) took on the challenge of running the Bazan Bay 5k. After practicing for several weeks leading up to the race, they lined up for the start of the race near Tulista Park at 11am to run along Lochside Drive. It was a beautiful day to run, and all eight accomplished their goal of completing the race! Elyse George-Charlie and Kalysta Charlie were also recognized as placing in the top 10 runners in their age categories placing 8th and 10th, respectively.

Congratulations to all the runners on their accomplishments! Be proud of yourselves and the work you put into getting yourself to the starting line. HÍSWKE to the parents, family, friends, and community for their support and encouragement. HÍSWKE to the Tsawout band for sponsoring the youth to run and the Vancouver Island Race Series for providing discounts for the WSANEC youth!





STAUTW<sup>U</sup> ELDERS

Mother's  
DAY LUNCH

WEDNESDAY, MAY 08  
12:00PM IN AUDITORIUM

**STÁUTW FIRST NATION MEMBERS ON AND OFF  
RESERVE**



***Calling all 2024  
STÁUTW Grads***

**Education  
is planning a  
recognition  
dinner**

**HIGH SCHOOL &  
POST SECONDARY**

Contact the Education Department  
to ensure you are on the list!!

Email: [educationadmin@tsawout.ca](mailto:educationadmin@tsawout.ca) or call  
250-652-9101 ext: 331

# Gang Education Seminar for Indigenous Agencies

Free seminar for staff of Indigenous agencies and communities. The seminar will provide knowledge and awareness on the current gang situation in our community to reduce risk and harm to our youth.

**Tuesday May 7, 2024**

9:00am-11:00am

**Victoria Native**

**Friendship Centre**

Gym | 231 Regina Ave

Refreshments and snacks provided.

Registration Required:

[virginia@metis.ca](mailto:virginia@metis.ca)

250-391-9924



Island Métis  
family & community  
services society

**MYST**



Hosted by:



# Join us for Free Earthquake Preparedness Activities in Tsawout First Nation

CHECK OUT THE QUAKE COTTAGE EARTHQUAKE SIMULATOR

Everyone is Welcome!

**Location:** 7728 Tetayout Road, Saanichton, BC

**Date:** May 6, 2024

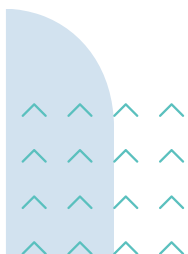
**Time:** 2 p.m. to 5 p.m.

Learn more about earthquake and tsunami preparedness. Test your knowledge at our interactive display and take part in educational activities. Meet local emergency management personnel and learn about resources to help your family, organization, and neighborhood be more resilient.



We acknowledge that the BC Earthquake Alliance operates on the ancestral territories of Indigenous Peoples across British Columbia. Specifically, this event is taking place on Tsawout territory. We are grateful to the Indigenous Peoples who have cared for these lands since time immemorial.

Thank you to our partners & sponsors:



**IBC**  
Insurance Bureau  
of Canada



**HEMBC**  
Health Emergency  
Management



MoffittSAFE, Inc.

**BC Ferries**



MAY 23RD  
**FOOD  
SAFE**

to sign up email:  
[employment@tsawout.ca](mailto:employment@tsawout.ca)  
Interested in being on call for  
the Tsawout kitchen email:  
[kitchenmanager@tsawout.ca](mailto:kitchenmanager@tsawout.ca)

**MULTIPURPOSE  
ROOM  
9:00AM-4:30PM**

There are others who are on a similar journey as you...



# WALK WITH SOBRIETY

A group for community members and peers to support one another.



JOIN JOHN SAMPSON

Please reach out to John at 250-896-1566.

WEDNESDAY 5PM - 7PM

MEET IN THE AUDITORIUM (FISHERIES ENTRANCE)

STARTS APRIL 17

Lorem Ipsum



If you are ready for treatment, please reach out to the Mental Health and Addictions Counsellor at [mhac@tsawout.ca](mailto:mhac@tsawout.ca)



COMMUNITY SOCIAL PLANNING COUNCIL IN PARTNERSHIP WITH  
TSAWOUT NATION

# ID Clinic

MONDAY, MAY 6TH - 12:30-3:30PM



**WHAT CSPC CAN HELP WITH:** CANADIAN BIRTH CERTIFICATE APPLICATIONS, ICBC APPOINTMENTS/PAYMENT FOR BCID & BC SERVICES CARD, STATUS CARD REPLACEMENT/RENEWAL

**WHAT CSPC CANNOT HELP WITH:** PASSPORTS, CITIZENSHIP/PR, OUT OF COUNTRY BIRTH CERTIFICATES, DRIVER'S LICENSE RENEWAL/REPLACEMENT



**TSAWOUT FIRST NATION**



COMMUNITY SOCIAL PLANNING COUNCIL  
**research·insights·solutions**

## EDUCATION NEWS - Stephanie Adams Retirement

I would like to express my sincere gratitude for everyone who came to wish Stephanie the best on her retirement journey.

As the Education Manager who had just started here a little over two years ago, Stephanie had taken me under her wing with her kindness and gentle nature.

I have witnessed Stephanie's tireless efforts in her work. She worked many long nights and many long days - always planning planning - and more planning for the learning house program.

Stephanie was always so kind, even on the

roughest of days, she was always willing to help out anyone, if it was a colleague who needed some advice, a staff person under her supervision that needed wise words or a child who needed some extra attention, it was Stephanie to the rescue!

Stephanie is so much like her late sister Tabita, a true angel who always believed in hope.

Any Tsawout Community Member who would like to write a special note to Stephanie, a scrap book will be up front reception until **May 3rd, 2024**.

- Ellie Bartleman | Education Manager



### *Enjoy Your Retirement*

*You worked so hard...for so many years,  
Giving everything you had to give,  
But now is the time to put yourself first,  
To relax, to enjoy, and to live!*

*Take in the song of the birds when you wake,  
Get in touch with an old friend or two.  
Learn to do something you've not done before,  
Find adventure in all that you do!*

*So much awaits you around every bend,  
There are so many places to see.  
Travel afar...if that is what suits you,  
Or read by the shade of a tree.*

*But, never forget, as you go along,  
That honestly, right from the start,  
All of the moments we shared through the years,  
Left an imprint...right here on my heart!*

# WELLNESS DEPARTMENT

## Elder's Committee

On January 26, 2024, our Elders Committee met with Chief and Council to discuss community concerns and provide guidance to where to go next. This is what they shared:

“We elders are healing, we are learning how to get along and love each other. This was not a spoken agreement but look at us now standing together. We have each gone through the Sacred Journey program together, we have done the work on ourselves. We ask that you, Chief and Council, begin this healing work on yourself. We need to learn to agree to disagree. We cannot all think alike, not one person has the answer, and it takes coming together for us to move forward. When we stand together, we will find the right path”.

The Elders also shared that:

“We are not in a battlefield, what we share is not directed at anyone. We have nowhere to voice these concerns until now. We just ask for your Chief and Council to sit down and listen. We need to get back to our culture and values of the WSÁNEĆ ways. Our youth are medicine, and they need to be our main priority; they are our future. We need to be sure they have somewhere to go and something to do. By opening access to the gym, we are helping our youth to rely less on drugs and alcohol. Sports helps our youth building connections and that helps their mental health and have less suicide rates and risks. We would like to see progress reports so we can help you as your Elders. We are not the enemy, keep us involved. Thank you Chief and Council, we need to work together, imagine the work we can accomplish by working together”.

The Elders Committee is working for their community and after many meetings, they have come up with the list of priorities. They know there are more, but they want you as a community to know that they are working to help each and everyone of their family members.



# Elder's Priority Items

**1** Drugs & alcohol 

**2** Housing 

**3** Youth programs 

**4** XA, XE  
(Sacred Journey) 

**5** Security Patrol 

**6** Elder Abuse/Neglect 

**7** Taxation Dollars 

**8** Childcare/Education 

**9** Graveyard 

**10** Fishing 

@BethanyWiensDoodles



**WE'VE WORKED ON OUR OWN HEALING,  
AND NOW WE WORK TOGETHER.**

**HEALING  
WORK**

**THIS IS NOT  
A BATTLEFIELD**

**WE ARE HEALING.  
WE ARE LEARNING  
HOW TO GET ALONG,  
LOVE EACH OTHER**

**WHEN WE STAND  
TOGETHER WE  
WILL FIND THE  
RIGHT PATH**

**IMAGINE THE WORK WE  
COULD ACCOMPLISH IF WE  
WORKED TOGETHER**



**IT TAKES COMING  
TOGETHER FOR US  
TO MOVE FORWARD**

**WE NEED TO  
LEARN TO  
DISAGREE,  
AGREEABLY**

**WE NEED TO  
ABIDE BY OUR  
CULTURE AND  
VALUES**

**OUR YOUTH  
ARE OUR  
MEDICINE**



@BethanyWiensDoodles



# WELLNESS DEPARTMENT

---

## Wellness Department Update

My role as the Tsawout Wellness Director is to promote Wellness and improve the lives of Children, Youth and Families within the Tsawout Community. As my experience working within the WSÁNEĆ communities I do have a deep understanding of Our cultural traditions, protocols, and values as an WSÁNEĆ WOMAN.

Nearing the Summer months. Where has time gone? Here is my update:

We have several programs planned or that we are working on, so keep an eye out for new opportunities to better lifestyle, healthy living making better choices within families, children, youth, and community.

I welcome any comments/suggestions for any of our Tsawout Wellness Department programs, we want to make it for you, not ourselves as staff. We want to better our livelihood as a community. Send me suggestions/recommendations to my direct email at:

**[wellnessdirector@tsawout.ca](mailto:wellnessdirector@tsawout.ca)**

I appreciate your patience and understanding working with this transition as you may understand that it is not an easy task getting the building renovations complete.

As Wellness Director I have a responsibility for the following:

- Provide leadership to the Wellness team that offer Individual, family and Group counseling and support services, as well as knowing the spiritual and traditional healing.
- Ensuring standards are kept with compliance with accurate records and reports of the funding resources, while we maintain accurate records and to ensure being respectful of our Indigenous protocols and privacy practices.
- Continue to identify the community needs and develop the programs that reflects our unique Cultural context by collaborating with Elders, Community members, Knowledge keepers (leaders)
- Develop & implement culturally appropriate Wellness programs, Activities, and initiatives to promote Mental, Emotional and Physical Health within the **STÁUTW**.
- Monitor and evaluate program effectiveness in consultation with community members and make recommendations for improvements that are responsive to Our community needs.
- Ensure that our service providers function culturally respectful and be that liaison between the external providers.

# WELLNESS DEPARTMENT

---

## Wellness Department Update Continued...

For further information/clarification, I have always followed this statement of an **Elder of the WSÁNEĆ community**.

- We have lived and built our societies around what is now called Southern Vancouver Island. We have a strong bond with the sea, shaping our way of living. Our presence is stretched across the San Juan Islands and the Coasts of the Saanich Peninsula. The Saanich Peninsula was our headquarters where we established permanent winter dwellings and stayed in larger villages.
- *“The healthier we are, the healthier our children and earth will be, our ceremonies are the pathway to achieving this.”*

## Wellness Department Job Postings

---

There are job postings for Substance Abuse Worker, Youth Co-Ordinator and Youth Worker. Please scan the QR code to be directed to the Tsawout Job Posting page for more information.



When these positions are filled, our programs will be flowing great for everyone. Let me know what you would like to see or provide feedback on how you see the Wellness Department run.

Not having these positions filled makes the Wellness Team doing extra for the community. I genuinely appreciate the time spent with the Youth and Elders by Kristal and Michelle. They have taken turns working with both these groups as well as setting up and organizing the community events of the Comedian & Magician.

## Mental Health

---

The mental wellness of First Nations is a high priority and in addition, we want to focus on substance mis/use by using the Honouring Our Strengths as a roadmap to address all substances that impact our own.

I always say that culture is a general foundation for wellness and our SENCOTEN language is another. We can work together to make **STÁUTW** strong once again. Collaboratively working alongside external agencies so that we can gain that trust with those we work with and provide that respect that is given by all community members.

**STÁUTW** (Tsawout) Wellness Department does have extra resources available if you are uncomfortable coming to the office. Please check the website for regular updates from the Wellness Department. We will be focusing on an OPEN HOUSE very soon.

# WELLNESS DEPARTMENT

---

## About the Wellness Department Team

---

### **Family Advocates:**

**- Shauna Sam and Kevin Henry (250-652-8353)**

Their purpose is to achieve successful outcomes for Tsawout children and families through collaborative approach between Ministry of Children and Family Development, NILTUO, Jordans Principle, and other organizations and resources for children and families.

Family Advocates can assist you with:

- Accessing local resources: food bank, counselling, parenting programs, life programs.
- Promoting a safe environment for your child, such as securing access to major appliances (hot water tanks, stoves, washer/dryer).
- Securing clothing and shoes for your child.
- Assisting your child with financial medical costs by applications with Jordans Principle.
- Advocating for assessments when needed.
- Providing family advocacy to other agencies (Ministry of Children & Family Development and external organizations).
- Assisting parents with retaining family lawyers.

### **Wellness Counsellor:**

**- Vassilena Johns**

Vassilena has 14 years of experience with working with clients through a holistic approach using Mental, Spiritual, Physical, and Emotional modalities. Vassilena continues to accept new clients and services which are always kept strictly confidential.

### **Team Lead:**

**Shezell Sam**

Shezell is responsible for overseeing the Wellness Employees, by providing professional support and supervision, while overseeing the delivery of counselling and the Family Advocate program, as well as other important initiatives to meet the unique needs of our community members.

HÍSWKE SÍAM

Respectfully,

SDEMOXELWET – Mary Ann Sam, Wellness Director

Email: [wellnessdirector@tsawout.ca](mailto:wellnessdirector@tsawout.ca)



# FISHERIES NEWS - Youth Interns



CALLING ALL TSAWOUT  
YOUTH AGES 16-30,  
WE'RE HIRING!

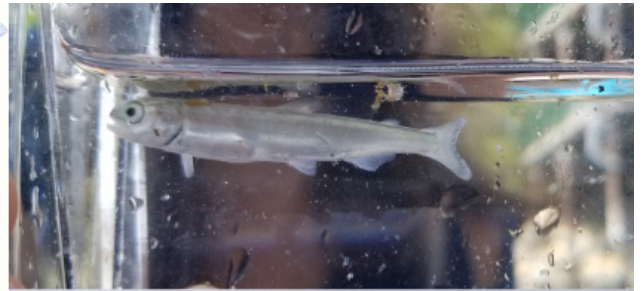
## SUMMER FISHERIES YOUTH INTERNS

Questions? Contact Lais at  
[marineuseplanner@tsawout.ca](mailto:marineuseplanner@tsawout.ca)

HANDS ON FUN WITH FISH | FLEXIBLE  
START DATE | APPLY NOW!



Centre for  
Indigenous  
Fisheries



Interested in being out on the water? Eager to learn more about Tsawout fisheries and stewardship? Looking for a fun summer job?

The Tsawout Fisheries Department is hiring youth interns this spring/summer!

**WHO:** Preference will be given to Tsawout youth ages 16-30, with secondary preference given to other ƵSÁNEĆ/Indigenous youth. No previous experience necessary! Training provided!

**WHAT:** A position where you will be assisting the Fisheries Program in all aspects of fisheries, fish habitat restoration, and community engagement!

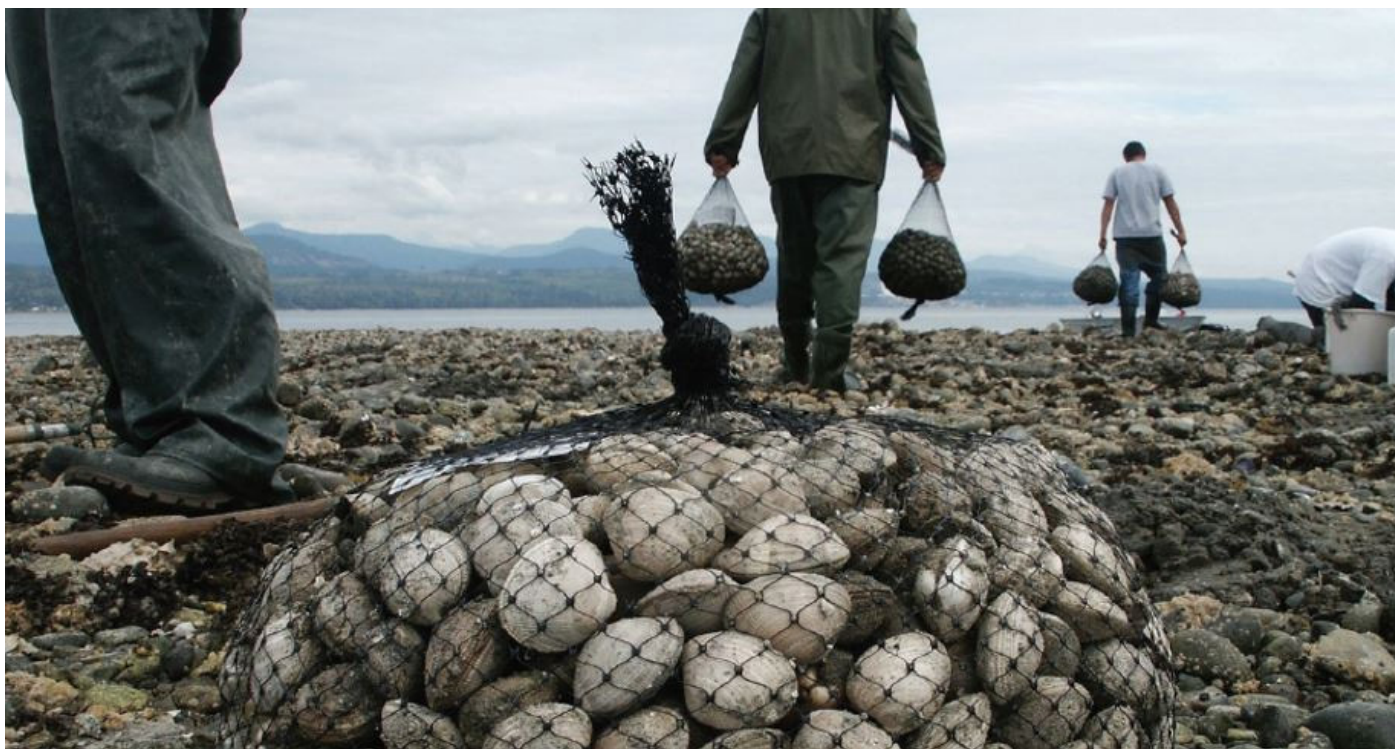
**WHEN:** \$25/hour, 20-35 hours per week (average 20 hours/3 days per week) April/May\* to August (\*Start date for these positions is as soon as interns are available, and can be flexible to the youth intern candidates' potential schooling schedules. Potential for extension beyond August end date as well.)

**HOW:** Scan the QR code for the full job posting details.



## FISHERIES NEWS - WATCH Program

---



In our waters, there are some species of phytoplankton (tiny algae) that produce powerful toxins. When surrounding conditions become good for them, they multiply very fast, or 'bloom'. The toxins build up in clams, crabs, and other shellfish as they eat these plankton. Eating toxic shellfish can make you very sick or even kill you.

Tsawout is partnering with the FNHA for the new WATCH program to help coastal communities and their members decide if and when their seafood is safe to harvest.

WATCH aims to:

- Help communities access timely safety information about seafoods and harvest areas
- Enhance the ability of communities to plan for and manage climate impacts that affect seafoods
- Promote seafood security and sovereignty for coastal First Nations

More details are coming soon.

**Please contact Lais at [marineuseplanner@tsawout.ca](mailto:marineuseplanner@tsawout.ca) for any questions.**

# LANDS NEWS - Unwanted Vehicle Removal

Would you like to remove your scrap or unwanted vehicle from your property at no cost? Plus, receive a tax receipt? The Kidney Car Program will pick up your vehicle for free and provide a tax receipt for your donation. Arrange pick up on their website at [www.kidneycar.ca](http://www.kidneycar.ca) or call 1-800-585-4479.



Please note that they do not accept:

- RVs, trailers, boats, motorcycles, or heavy equipment;
- Vehicles with missing tires;
- Vehicles that are full of garbage;
- Vehicles that have liens or outstanding debts;
- Vehicles that cannot be accessed by tow truck from the front or rear.

They accept vehicles of any age or condition if they can be safely accessed and towed. Vehicles must have four wheels. They accept all passenger vehicles including cars, trucks, vans and SUVs. They will need to provide the ownership document(s) for the vehicle(s) in order for them to be picked up.



### Hassle free way to get rid of your vehicle

Save time and money. No need for repairs, we accept all kinds of vehicles, running or not. We take it off your hands quickly, usually within 48 hours.



### Get a tax receipt now worth \$700 or more!

You will receive a charitable tax receipt for your vehicle and we will tow it away for FREE.



### Support kidney and transplant patients across Canada

Your vehicle donation helps thousands of fellow Canadians with kidney disease by funding lifesaving programs including critical patient support, education, organ donation awareness and cutting edge medical research.



### Trusted by donors for more than 30 years

For three decades we have been the most trusted vehicle donation program. We help hundreds of donors every week.



### Good for the environment

Vehicles donated to the program are 100% recycled or sold to be re-used.

Photo By: Cheyenne Aitken

# Financial Literacy Courses

## For Indigenous Communities

*"Our future relies on our embracing technology and bringing together diverse ideas that drive transformation in every industry."*

- Chief Clarence Louie, Osoyoos Indian Band (BC)

Photo By: Grant Harder

Certificates Available for:

**Financial Literacy**

**Business Fundamentals**

### ***Included In Courses:***

**Learn About Credit & Professional Skills**

| Bookkeeping | Credit Analysis  
| Cyber Security | Financial Literacy

**Videos from Inspirational Leaders and Chiefs**

| Indigenous Leaders | Indigenous Executives | Chiefs |

**SELF REGISTER AND NO COST**



For more information, please contact:

**Leonardo Lozano**  
**leonardo@indigenoustech.ai**

<https://lms.indigenoustech.ai/m/>

Copyright © 2024 IndigenousTech.ai - All Rights Reserved

**IndigenousTech.ai**

Canadian Government (PSIB) Certified Indigenous Controlled Company



First Nations Health Authority  
Health through wellness

## YOUR NEW HEALTH BENEFITS PLAN IS HERE

Dental, Vision Care, and Medical Supplies & Equipment



The First Nations Health Authority has partnered with Pacific Blue Cross to administer your Dental, Vision and Medical Supplies & Equipment (MS&E) benefits right here in BC.

The new system is faster, easier to use, and you don't need as many pre-approvals to access services. Based on Community feedback, the FNHA has also expanded coverage for many preventive health services and special needs.



### DENTAL

- More coverage for preventive services
- 2 exams and 2 cleanings per year
- Night guards eligible
- White fillings eligible
- New set of dentures every 5 years
- Higher coverage for crowns
- Bridges, veneers, inlays, and onlays eligible
- Separate coverage for dental accidents



### VISION CARE

- No pre-approvals needed for eye exams and standard eyewear
- For clients 19 and older:*
- \$100 every two calendar years for eye exams
  - \$275 every two calendar years for standard eyewear
  - \$415 for high-index lenses
- Children and youth under 19 receive annual coverage
- There is also a process to support clients with complex needs



### MEDICAL SUPPLIES & EQUIPMENT

- Fewer pre-approvals required
- Streamlined process for pre-approvals
- Faster claims processing
- Faster reimbursement if you pay out of pocket



LEARN MORE AT: [WWW.FNHA.CA/BENEFITS](http://WWW.FNHA.CA/BENEFITS) OR CALL 1.855.550.5454



Download the app at [pac.bluecross.ca/mobile](http://pac.bluecross.ca/mobile)



Claim online at [pac.bluecross.ca/member](http://pac.bluecross.ca/member)

# MENTAL HEALTH & ADDICTIONS - Update

We have one community member that is at a place where he is ready to make a change and is attending treatment. Please contact me when you are ready.

A Sobriety peer support group takes place every Wednesday from 5pm-7pm in the auditorium with John John and an Elder. Please come as you are, anyone is welcome to come. We are still looking for a certified grief and loss counsellor to facilitate a group. We will announce it once that is completed.

On April 5th, we had a magic event where 67 members were able to make it and they gave us happy and positive feedback as something that is needed to take a break from day-to-day things. We hope to see you for other upcoming events in the community.

For April, I have seen 22 members for mental health support. Please reach out by either emailing me directly and confidentially at [mhac@tsawout.ca](mailto:mhac@tsawout.ca) or call the Wellness Department at 250-652-8353.

Until next time, take good care. Naamat, Mental Health and Addictions Clinical Counsellor

## Difference between Intramuscular (IM) and Nasal Naloxone

	IM Naloxone	Nasal Naloxone
DOSE	0.4mg/1 ml per dose (ampule). IM naloxone kits come with three ampules of naloxone.	4mg/0.1ml per dose. Nasal naloxone is 10x stronger than IM naloxone and due to the way it is absorbed in the body it may be the same as giving five IM injections at the same time.
ABSORPTION	Naloxone is injected into a muscle and is quickly absorbed into the bloodstream.	Naloxone is sprayed into the nose and absorption may be inconsistent. It is dependent on intranasal substance use, nasal discharge, bleeding, or fractures, which may have damaged nasal passages.
AVAILABILITY	Kits are provided free to those who are at risk of experiencing or responding to a toxic drug poisoning through the BCCDC.	Nasal naloxone kits are available to buy from a pharmacy and can be accessed without a prescription. Individuals with First Nations Health Benefits can access up to two kits per month with their benefits plan.
STORAGE	Store in controlled room temperature of 15°C to 30°C. Store in a cool, dry place and protect from light. Remains effective in temperatures of -20°C for up to 2 weeks or to spikes as high as 40° if less than 24 hours.	Store in a cool, dry place, away from sunlight with a room temperature of 15-30°C. Avoid extreme temperatures (hot or freezing). If frozen, thaw at room temperature and use only if no other option is available.
ATTENTION	Less likelihood of precipitated withdrawal due to lower dose of naloxone. BCCDC recommends IM naloxone for muscle stiffness caused by fentanyl (also called "wooden chest syndrome).	There is an increased risk of precipitated withdrawal as one 4mg spray is the same as giving five 0.4mg IM injections at the same time.

## **NOTICE TO ALL CLIENTS ON INCOME ASSISTANCE**

**Please ensure that declarations and all supporting documents are in by the 15<sup>th</sup> of every month.** All declarations require applicant signature and, if applicable, it must include spouse signature, job search form, hydro and phone bill (if eligible), most recent paystubs and bank statements, if required.

**\*\* NO DECLARATION (paystubs, job search) = NO CHEQUE \*\***

**Cheque issue is the last Wednesday of every month.** Cheques are available for pick up between 9 am to noon and 1 pm to 4 pm. No calls are taken on cheque day and no one can pick up someone else's S/A cheque unless that person is seriously ill, has mobility barriers or other extenuating circumstances.

**Clients who submit their documents AFTER the deadline date** can pick up their cheque on the following Friday.

**Clients who need to update their file or apply for S/A** need to book an appointment between Tues. to Thurs.

## **NOTICE TO ALL EMPLOYABLE CLIENTS**

It is **MANDATORY** that all employable people seek employment. According to Social Development Policy 2.2: Termination of Benefits – Refusal or abandonment of employment opportunities, refusal to participate in an appropriate training or education opportunity or rehabilitation program will result in Social Development closing your file.

Failure to show any effort in seeking employment or education opportunities such as job searching, employment workshops or upgrading - will result with your SA file being closed. Whenever a decision is made to terminate client benefits, the client has a right to appeal the decision to Aboriginal Affairs and Northern Development Canada by picking up an administrative review form from Social Development. Thank you.

## **Tsawout Social Development (SD) – Income Assistance Application Process**

### **STEP 1 – OBTAIN APPLICATION FROM TSAWOUT RECEPTION TO MAKE AN APPOINTMENT.**

**NO APPOINTMENTS WILL BE MADE A WEEK PRIOR TO OR DURING THE WEEK OF CHEQUE ISSUE.**

- Complete Social Assistance Application Package
- Identification – Adults – 2 each (1 must be a photo)
- Identification – Children - 1 each
- Verification of Income – 60 day bank statements, pay stubs, 2 most recent pay stubs, EI Income and Spousal Support
- Utility Bills – BC Hydro, phone bill, gas or oil bill
- Tenancy Agreement – Tsawout Social Housing, CMHC documents or mortgage documents
- Privately Owned Homes – proof of ownership documentation
- Tax Forms – Canada Child Benefit, Notice of Assessment
- Other Supporting Documents

### **STEP 2 – INTAKE APPOINTMENT**

- Bring all supporting documents to your appointment
- If you have a spouse, he/she needs to be present to sign all documentation
- Employable clients are required to discuss a plan to obtain employment or have an education plan to attain further skills that will help you gain employment.
- If you are unable to seek employment, the worker will need a medical note that will temporarily excuse you from seeking employment or until you are eligible to apply for PPMB (Person with Persistent Multiple Barriers) or PWD (Person with Disability) designation.

### **STEP 3 – PROCESSING**













- Allow up to 5-7 business days for application approval.
- Worker will notify you of your eligibility for Income Assistance.
- We understand that you are in need of help and your matters are important to us. We are doing due diligence to ensure that the process is completed in a timely manner. We appreciate your patience.

### **STEP 4 – YOU HAVE BEEN CONTACTED TO INFORM YOU OF YOUR ELIBILITY STATUS**

- **Approved Applicants** – Will now have the responsibility to assure that all documentation (Declaration, utility bills, pay stubs, job search or any other required documents) is submitted by the 15<sup>th</sup> of each month to ensure they receive their entitlement on time. ALL clients have a responsibility.
- **Ineligible Applicants** – Varies on the situation.
- Will have an opportunity to gather missing or additional supporting documents.
- If you are eligible for EI or in receipt of EI, you will not be eligible for Income Assistance.
- You have earned income that is more than what you are eligible to receive, then you have to wait 30 days to reapply.
- If applicant does not agree with the decision, the applicant can appeal the decision – Inquire about this process with the Social Development Worker.

**\*\* Thank you for reviewing this information. It helps the review and assessment process. Social Development can be contacted at 250-652-9101 (ext. 306).**

# MAY GARBAGE, COMPOST & RECYCLING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1  	2	3	4
5	6	7 	8  	9	10	11
12	13	14	15  	16	17	18
19	20	21 	22  	23	24	25
26	27	28	29  	30	31	

**Garbage pick-up (once/week)** If your garbage is missed or not picked up, call BFI directly at 250-652-4414.

**Compost (once/week)** If your compost is missed or not picked up, call Refuse at 250-381-6007. If called the same day or early the next day, it is possible to have it picked up the same week if they are in the area and they will ask you to have it at the end of the driveway by 7 am on whichever date they advise. If not, it will have to wait until the next regular pick-up date.

**Recycle (Bi-weekly)** If your recycle is missed or not picked up, call Emterra at 250-385-4399. Call by 11:00 am the next day and they can probably do a pick-up. If any later, it would have to wait until the next pick-up date.

*Reminder that the Heavy Garbage Program has ended. Please do not leave heavy garbage on the side of the road. We continue to clean up the dumpsite on Longhouse Road from the previous years programs. Please discard your heavy garbage at local metal recycle or Hartland landfill.*