



TSAWOUT FIRST NATION

7728 Tetayut Road, Saanichton, BC V8M 2E4

COVID-19 – Plan moving forward

ÍY, SŁÁĆEL HÁLE/Greetings all of my Tsawout family,

On behalf of Tsawout First Nation leadership, I wanted to reach out to our community.

BC Health Minister Adrian Dix stated that there was a “zero chance” of lifting the province’s current health orders of self-isolation and physical distancing throughout the month of April. He added it was unlikely that the orders would ease up in May. Dr. Bonnie Henry said there is a possibility of a reprieve from the virus during the summer. B.C.’s top doctor said it was impossible to predict the possible reprieve until summer arrives.

Tsawout is taking extensive measures to ensure the community has resources through this crisis. These measures are a response to the immediate consequences of the crisis. In close collaboration with you, we will continue to monitor the development of the situation and adjust our response as needed.

Questions about ISC funding:

Tsawout has not received any funding from any funding agencies so far. We do know it will be coming but do not have a specific date. In the meantime Tsawout is acting in good faith and doing everything we can. We are in this for the long haul and budgeting to support the Community through to September.

The allocation of funds from Indigenous Services Canada is intended to be equitable taking into account such factors and population, remoteness and community wellness.

These funds apply to all members of your community and could be used for measures including:

- support for Elders,
- food insecurity,
- educational and other support for children,
- financial assistance for those without work,
- mental health assistance and emergency response services.

Tsawout will work with each department electronically and put a budget together for each of these items. This budget will be stretched out until September to insure the Community has support throughout this crisis.

On behalf of the Tsawout, we would like to assure you that we will continue to work diligently with you to get through this difficult time. The following is an update from our last notice:



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- Tsawout Office remains closed until further notice, with the exception of essential services to community
- We will continue to distribute 50.00 gift cards to each household. This is to help in purchasing cleaning supplies or for any other immediate or essential needs. Timing for distribution of these cards will be determined by the overall COVID budget.
- Food Fish is being distributed to each home within the village this week.
- We have also ordered cleaning supplies and hoping to distribute once delivered to Tsawout Administration. These are on back order. We hope to have supplies by mid April.
- We are closing our reserve to all outside visitors (other than essential/emergency services) Some construction work will continue as the workers do not work close together and are not going into homes or gathering in crowds. Signs were posted and the inner Communities were notified.
- We will utilize the Band's boat to go out fishing for prawns and crabs for distribution to the Community, and hunters will be going out in the next week as well.
- We are exploring other opportunities for obtaining and distributing food supplies.
- We continue to explore opportunities for obtaining emergency funding and relief from various funding avenues
- We are continuing to meet as a council virtually, to ensure projects move forward.

Please know that the Longhouse has not been forgotten. We are working on the adjustment in the plans and are moving forward with this much needed work.

Please follow all of the recommendations to minimize the spread and risk of COVID-19 including: staying home, washing your hands frequently, avoid touching your eyes/nose/mouth with unwashed hands, maintain physical distancing, and clean high-touch surfaces often.

We are a surviving people; and will get through this together.

HÍSWKE HÁLE,

Chief Nick Claxton
Tsawout First Nation

Eva Wilson
Band Manager



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April 20, 2020

Covid 19 Budget

Education and other support for children	\$ 105,000.00
Support for Elders 65+ 50 x \$150.00 per month for 6 months	\$ 45,000.00
Mental Health Assistance and emergency response add security	\$ 80,000.00
Food Insecurity	\$ 111,500.00
Increase Meals on Wheels 3 x per week Increase Good Food Box to 2 x per month Hunters honoraria and processing fees with signed agreement 170 Country Grocer Gift Cards (5 disbursements@ \$50/disbursement)	
Supplies	\$ 120,000.00
per member \$100 each - 1200 members	
COVID - 19 Pandemic Crisis Isolation Funds	\$ 137,398.00
Totals of all Categories	\$ 598,898.00

On behalf of Chief and Council

HÍSWŪKE HÁLE,

Chief Nick Claxton
Tsawout First Nation

Eva Wilson
Band Manager

MOTION – Chief and Council move to accept the COVID – 19 Global Budget as presented.

Moved by MaryAnn Sam 2nd by Mavis Underwood

Carried: Yes



TSAWOUT FIRST NATION

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April 24, 2020

Hello All,

Tsawout has been closely monitoring the Coronavirus (COVID-19) outbreak and continues to observe Health Canada's recommendations. Our first priority is the continued safety of our employees, Community members and Clients. Public health officials continue to advise that social distancing is the most effective strategy to prevent the spread of COVID-19. As such, Tsawout office will be closed to all outside visitors including visitor walk-ins until further notice.

Our Health Team, Janitors, Finance and Admin staff are working with the Band Manager in office to keep business moving forward. Our Public works crew is on the job as well. The majority of our staff is working on projects from home. We are trying to keep the number below 15 in the office building per day while taking all precautions.

Please see attached documents for more information.

If you would like to contact one of our departments please email them directly:

Health – healthmanager@tsawout.ca

Education – educationmanager@tsawout.ca

Housing – housing@tsawout.ca

Lands – landsmanager@tsawout.ca

Fisheries – fisheriescoordinator@tsawout.ca

Janitorial and Building Maintenance – darlenehorne@tsawout.ca

Band Manager – ewilson@tsawout.ca

Should you need to contact us our phone lines are open from 9:00 am to 3:00 pm Monday to Friday at 250-652-9101. Alternately please email reception@tsawout.ca and one of us will be in touch with you as soon as possible.

We appreciate your support and understanding during this unprecedented time.

We are in this together and we will get through this together.

Take care, stay safe.

Chief and Council and Administration



**DISTRICT OF CENTRAL SAANICH
Emergency Operations Situation Report**

Incident Name: Pandemic COVID-19	Issued: April 21, 2020
EMBC Task Number: 206451	Operational Period: #31 08:30-16:30
Central Saanich Sit Rep # 24	
Operating Location: 1512 Keating X Rd	EOC Director: Paul Murray (approved by email)
EP Contact: Lisa Banfield, Liaison Officer	After hours contact: 778-678-1491

Current Activation Level	Readiness 3: Threshold – Province at phase 2 and confirmed case(s) Capital Region EOC Activation Level – 2 - Declared with EMBC District Website – Advanced Push to Provincial and Federal Governments Information about District Actions Information about Facility Closures and Business Continuity Plans in effect All Staff Communications Frequency – As needed Facility Access: Monitored to regional approaches and tenant expectations Public spaces External i.e. Cultural Centre – Closed to public until further notice. Public spaces Internal i.e. Municipal Hall, Police & Fire - Restricted access Council mtgs have shifted to virtual & public hearings cancelled until further notice.
Situation Overview	The Province of BC has declared a Provincial State of Emergency. The District has not declared
Priority Needs	No priority needs at this time
Current EOC Objectives	Staff Wellbeing Business Continuity Plan – 100 day plan Possibly staffing up Bylaw team
COVID19 Cases in BC	Update April 21, 2020, 3:00pm 25 new cases - 1,724 total cases in B.C. - 109 total on Vancouver Island (7 new since) - 1 new deaths, death toll is 84 in BC - 109 in hospital, 51 in critical care - 1041 people have recovered in total

Current Situation

- 70 Total Positions - 11 absent (Casual or Sick), 11 vacant positions, 37 onsite, 11 working from home
- Community Action Team - Daily patrols are done at parks, beaches, businesses and all over Central Saanich 3-4 times daily.
- Engineering, Public Works, Corporate Services, Building/Planning and Police continue work from home and phased work modeling.
- Playgrounds, Sports fields, tennis courts, and lacrosse box continue to be closed until further notice.
- Logistics – 3 active resource requests
- Police - -Calls for service are steady – no specific COVID-19 trends

Outstanding Issues/Challenges	
<ul style="list-style-type: none"> • Review and update District Business Continuity Plan. • Future Emergency Planning beyond 100 days. • Ensure any complaints involving gatherings of individuals at areas such as Centennial Park are received and CAT is contacted for assistance as necessary. • If any concerns received of additional marine traffic in Brentwood Bay or bicyclists on Lochside Trail which may be affecting social distancing then we will bring forward. 	
Anticipated Priorities/Activities	
<ul style="list-style-type: none"> • Staff Wellbeing • Police – -Ongoing review of PPE supplies and future needs • Police --Continued check in of staff for mental and physical health 	
Other Comments/Issues	
<ul style="list-style-type: none"> • Ongoing public messaging on social distancing at home and in the community • Public messaging on Island View Beach with the warm weekend arriving • Maintain staffing wellness and staffing levels. 	
Key Messages	
Internal	
<ul style="list-style-type: none"> • Since we're all even more dispersed than usual, I've been hearing how much everyone is missing their colleagues and would like to find ways to be more connected. We will be scheduling some 15-minute "water cooler" Zoom dates open to any staff that can find a few minutes to join in. These won't have an agenda and are just a chance to say hello and see how everyone is doing. We will send out a few calendar invites and please accept as many as you like. 	
Communication and Public	
<ul style="list-style-type: none"> • Anyone in B.C. who has symptoms of COVID-19 can now be tested for the virus. If you aren't showing any symptoms, you should not be tested. The Peninsula COVID-19 Collection Centre is at the Saanich Peninsula Hospital site. You must have a booked appointment through 8-1-1 or a family health practitioner. • As time goes on, we know it's tempting to bend the rules. Please remember it's these rules that have allowed us to bend the curve. Keep going! We can do this together. • We may be physically distancing right now, but on Wednesday, April 22, the 50th anniversary of Earth Day, we can still take action collectively. See our website for ideas on how to celebrate and take action at home. 	
Indigenous Relations	
<ul style="list-style-type: none"> • Tsartlip Chief Don Tom announced that the boat ramp is closed and the community will also be restricting access to non-residents, so only locals and deliveries/service providers will be permitted access to the community. • Tsawout is working through a "work from home" policy and are staying engaged with their community through various social media platforms. They too are restricting access to non-residents, so only locals and deliveries/service providers will be permitted access to the community. 	
Event Timeline	
March 12	Pandemic Plan approved, EOC Activated at a Level 1 (Not declared with the Province)
March 13	EOC Level 1 declared with the Province
March 16	Fire Station restricted to the Public
March 17	Municipal Hall restricted to the Public
March 18	EOC Level 1 Looking at moving to a Level 2

March 19	EOC at Level 2
March 20 - April 9	Continue at EOC Level 2
April 9 – 12	EOC Level 1 supporting Community Action Team/Bylaw with possible increases to people in our local parks
April 13	Back up to a Level 2 Activation
April 14-21	Continue at EOC Level 2



First Nations Health Authority
Health through wellness

Mental Health & Cultural Supports

AVAILABLE DURING THE COVID-19 PANDEMIC



TELEPHONE AND ONLINE SUPPORT

First Nations and Inuit Hope for Wellness Help Line and On-line Counselling Service

The Hope for Wellness Help Line offers immediate mental health counselling and crisis intervention to all Indigenous people across Canada.

Toll-Free: 1-855-242-3310

Hope for Wellness Chat Line:

www.hopeforwellness.ca

Kids Help Phone

Kids Help Phone is a 24/7 national support service offering professional counselling, information and referrals and volunteer-led, text-based support to young people in both English and French.

1-800-668-6868 to speak to a professional counsellor.

Text the word "connect" to 686868 to access text support.

KUU-US Crisis Services

The KUU-US Crisis line is available 24/7 to provide support to Indigenous people in BC. For more information visit: <http://www.kuu-uscrisisline.ca/>

Toll Free: 1-800-KUU-US17 (1-800-588-8717)

Adult/Elder: 1-250-723-4050

Child/Youth: 1-250-723-2040

National Indian Residential School Crisis Line

Indigenous Services Canada offers a national Indian Residential School Crisis Line to support former Residential School students. The crisis line provides emotional and crisis referral services 24 hours per day.

Toll-Free: 1-866-925-4419

Provincial Alcohol and Drug Information Referral Service

This Service provides free, confidential information and referral services to British Columbians in need of support with any kind of substance use issue (alcohol or other drugs).

Toll-free: 1-800-663-1441

Lower Mainland: 604-660-9382

FNHA MENTAL WELLNESS & COUNSELLING SUPPORT THROUGH HEALTH BENEFITS

Health Benefits provides clients with access to Mental Wellness and Counselling services from a qualified mental health provider. All services require prior approval. A list of providers registered with Health Benefits, including those available to provide support over the phone or internet, can be found by visiting the FNHA First Nations Health Benefits Mental Health [Provider List](#) or by contacting **1-855-550-5454**.

INDIAN RESIDENTIAL SCHOOL RESOLUTION HEALTH SUPPORT PROGRAM PROVIDERS (IRS RHSP)

The IRS RHSP offers emotional and cultural support through approved partners across the province. You can contact IRS RHSP partners directly through the contact information listed below or you can call First Nations Health Benefits at **1-855-550-5454**. If you contact an IRS RHSP provider directly, the provider will be required to submit an approval form to Health Benefits.

Adah Dene Cultural Healing Camp Society

Margo Sagalon: 250-996-3813

Admin.elders@telus.net

Tracey Charlebois: 250-996-1475

Nakazdliielders@telus.net

Carrier Sekani Family Services

For Vanderhoof: Catherine Lessard:

250-567-2900 (office) or 250-996-8090 (cell)

For Prince George: Rhonda Hourie or

Cheryl Thomas: 778-675-0419

Gitanyow Human Services

Wanda Good: 250-849-5651

Wanda.e.good@gmail.com

Gitsxan Health Society

Ardythe Wilson: 250-842-8251

irsmanager@gitsxanhealth.com

Pam Torres: 778-202-1355

irmsupport3@gitsxanhealth.com

Gary Patsey: 778-202-1703

irmsupport1@gitsxanhealth.com

Nuu Chah Nulth Tribal Council

Vina Robinson: 1-250-724-3939

vina.robinson@nuuchahnulth.org

Daily Elliott: 250-720-1736

Indian Residential School Survivors Society

Stu Mitchell: 604-985-4464 or

Toll-free: 1-800-721-0066

Okanagan Nation Alliance

Rachel Marchan: 1-250-470-7048

earlyyears@syilx.org

Tsow-Tun-Le-Lum Society

Rebecca Visschere: 1-250-268-2463

Toll-free: 1-888-590-3123

FNHA TREATMENT AND HEALING CENTRES

FNHA supports ten residential treatment and healing centres across BC. During the pandemic, Round Lake Treatment Centre and Gya'waa'Tlaab House of Purification are maintaining a live-in treatment program with additional precautions taken to abide by physical distancing and associated safety requirements.

The balance of FNHA's treatment centres have moved to providing virtual support to individuals and families who have attended their programs previously and/or are responding to new requests for emotional and cultural support from First Nations people. You are welcome to reach out directly to the centres below.

Carrier Sekani Family Services

Call: 250-567-2900 and ask for an ARP Team member

Email: rjohn@csfs.org

Kackaamin Family Development Centre

Call: 250-723-7789 or

Toll-free: 1-833-205-6946

Namgis Treatment Centre

Call: 250-974-8015

Nenqayni Wellness Centre

Call: 250-989-0301

North Wind Wellness Centre

Call: 250-843-6977 or

Toll-free: 1-888-698-4333

Telmexw Awtexw (Sts'ailes First Nations)

Call: 604-796-9829

Tsow Tun Le Lum

Call: 250-268-2463 or

Toll-free: 1-888-590-3123

Wilp Si'Satxw Healing Centre

Call: 778-202-0162 or 778-202-1349

All information in this document is accurate as of April 3, 2020.