

TSAWOUT FIRST NATION

NEWSLETTER

www.tsawout.ca

JULY 2024



STÁUTW CANOE RACES

The STÁUTW Canoe Races were a huge success! We are thankful for our volunteers and sponsors and to everyone who made it down to cheer on the children, youth, and adults. It was great to see everyone come together! See more on pg. 02.

Grad Recognition Ceremony

Tsawout Grad Recognition Ceremony will be on July 9, 2024.

See more p.05 for more details.

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STÁUTW CANOE RACES - JUNE 23rd & 24th

What an amazing weekend of racing in our STÁUTW Bay. It was not the best weather, but we managed to do two days of racing. We are thankful to everyone who made it down to cheer on the children, youth, and adults. It was great to see everyone come together.

It was fun to watch and exciting to see the children happy to be racing, packing their canoes down to the beach. It was awesome to see the children and youth take on new challenges, of either racing in a higher age category or taking it as a learning experience and a challenge for themselves.

- ✓ Thank you to our boat committee- **Jim Morris, Lance Crocker, and Syliva Morris** for all their hard work.
- ✓ Thank you to **Wayne Morris** for being our MC this year.
- ✓ Thank you to **Michelle McDormand and Miriam Schmid** for being our First Aid over the weekend.



Cecelia Sarah CC Men's 11 Race



10 and under girls single at the starting line

Thank you to our Sponsors!

Thank you to First Memorial Funeral Services and Tsawout Health & Administration.

Thank you to Iggy & Cece Pelkey for their sponsored races. Saturday Men's Single race was a marathon race in Memory of late "X" Xavier Nahanee-Thomas. Iggy and Cece also sponsored a "Top up" for the men's 11-man race.

The Jimmy Family also sponsored a "Top up" for the Women's 11-man Race.

Cecelia Sarah Canoe Club & STÁUTW SPWELLO Canoe club sponsored 10 & Under 11-man race and 13 & under 11-man race.

Thank you to Hungry Bubbas for being there to feed our relatives.



STÁUTW CANOE RACES - JUNE 23rd & 24th



16 & 13 under racing in the 11-man race in the 16 under 11-man race. STÁUTW canoe clubs joined together.



Geronimo's Lady women in the 11-man race.



IGGY & Cece presenting prize money to the winners in the men's single Marathon Race.



Marshall Charlie 3rd place winner & Jacob Williams 2nd place winner in Boys 13 and under single race.



Tsawout Canoe clubs raced on the Cecilia Sarah 11 man this weekend. First for many of them. Thank you Nobbie & CSCC for making this possible for these kids.

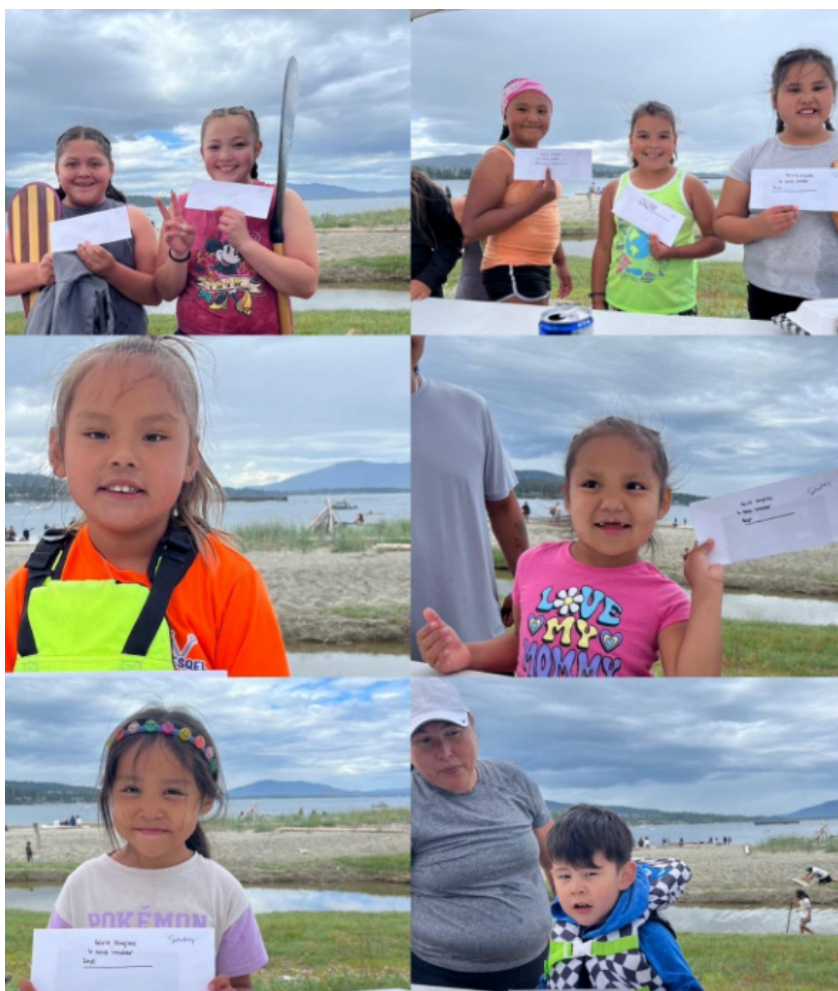
STAUTW CANOE RACES - JUNE 23rd & 24th



Alia Underwood



Cece Pelkey



1. Kelli Rose Bill & Lilly Cooper
2. Sophie, Khia and Zoey
3. Sharon

4. Elsie
5. Marianna
6. Leland

Thank you to all our paddlers this weekend.

Thank you for attending our races and keeping our traditional sport happening in our community.

On behalf of the Tsawout Canoe club committee we can't thank everyone enough for a successful weekend!

GRAD RECOGNITION CEREMONY



TUESDAY JULY 9TH 5:00PM-8:00PM TSAWOUT GRAD RECOGNITION DINNER!

YOU ARE INVITED!

SṪÁUTW Graduates/Family
members/Community, please join the
Education Department in celebrating
our 2024 Graduates!



TSAWOUT

GYM

HIGH SCHOOL
POST SECONDARY

SṪÁUTW would like to
celebrate your success

Photo booth/Gifts
for grads!

Please RSVP to
educationadmin@tsawout.ca or call
250-652-9101 ext:
331

TSAWOUT FIRST NATION
7728 Tetayut Road,
Saanichton BC, V8M 2E4

250-952.9101

Tsawout.ca

June 28th, 6 – 8 pm

GRAD RECOGNITION CEREMONY



ST'ÁUTW FIRST NATION
7728 TETAYUT RD | SAANICHTON, BC | V8M 2E4

We would like to congratulate all of the graduates of 2024! This is a huge achievement, marking many of years of hard work, dedication, and perseverance.

Enjoy your success, and look forward to the amazing adventures ahead!

We are incredibly proud of each and every one of you.

2024 ST'ÁUTW Graduates

1. Patricia Black – Diploma Associate Arts and Sciences
2. Jack Horne – PhD Doctor of Philosophy
3. Annette Marks – Education Assistant Diploma
4. Destiny Underwood- Master of Kinesiology
5. Molly Underwood- Early Learning Care Diploma
6. Mavis Underwood- PhD in Anthropology
7. Miranda Adams – High School
8. Logan Huber – WSANEC Leadership Secondary School
9. Mattias Sam -WSANEC Leadership Secondary School
10. Priscilla Williams – Stellys
11. Samuel Charlie Professional Cook Level 2
12. Luther Charlie- grade 12
13. Marlayna Swan- Highschool
14. Cody Harry- grade 12

WWW.TSAWOUT.CA | PHONE: 250-652-9101 | FAX: 250-652-1149

Congratulations!

STÁUTW FIRST NATION

JULY 2- AUG 23
**SUMMER
CAMP**

8:30 AM - 4:30 PM

7728 TETAYUT RD.

**AGE 4-11
YEARS**

ACTIVITIES

MUSIC & DANCE
SPORTS & GAMES
ARTS & CRAFT
and more!



SCAN THE QR CODE TO
REGISTER ON THE
TSAWOUT WEBSITE

<https://tsawout.ca/education/learning-house/>



OPEN TO THE PUBLIC!

FREE ADMISSION

BRING YOUR **RESUMÉ**

GREATER VICTORIA HIRING AND POST-SECONDARY EDUCATION EXPO

**SEPTEMBER 10, 2024
11:00 A.M. to 3:00 P.M.**

**BAY STREET ARMOURY
715 Bay Street, Victoria, B.C.**

FEATURING **35+ EXHIBITORS AND GROWING!**



TITLE SPONSOR

BC Corrections

gov.bc.ca/BCCorrectionscareers

INDUSTRY SPONSOR



**DISCOVERY
COMMUNITY
COLLEGE**

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discoverycommunitycollege.com

FOR MORE EVENTS, FOLLOW BLACK PRESS EVENTS ON:



TSAWOUT NATION

ID Clinic

MONDAY, JULY 8 - 12:30-3:30 PM



WHAT CSPC CAN HELP WITH: CANADIAN BIRTH CERTIFICATE APPLICATIONS, ICBC APPOINTMENTS/PAYMENT FOR BCID & BC SERVICES CARD, STATUS CARD REPLACEMENT/RENEWAL

WHAT CSPC CANNOT HELP WITH: PASSPORTS, CITIZENSHIP/PR, OUT OF COUNTRY BIRTH CERTIFICATES, DRIVER'S LICENSE RENEWAL/REPLACEMENT



TSAWOUT FIRST NATION



COMMUNITY SOCIAL PLANNING COUNCIL
research·insights·solutions

CRA & SERVICE CANADA ASSISTANCE

Canada Revenue Agency

- Benefits and Credits available such as Canada Child Benefit
- Disability Tax Credit
- GST/HST Credit
- Tax slips, forms and resources



Canada

Service
Canada

Service Canada

- Pension information on Old Age Security and Canada Pension Plan
- Get a Social Insurance Number (birth certificate in most cases will be required)
- Receive an access code to sign up for online My Service Canada
- Canadian Dental Care Plan information
- General Government of Canada information

Bring any ID you have as what is required will depend on what service you are accessing.

To get your children set up with a SIN number **please bring their birth certificate and any ID you have for them along with yours**

Please come in during the dates and times below to ask questions about any of our programs.

Friday July 12, 2024 from 1:00 pm to 5:00 pm
7728 Tetayut Rd Saanichton
In the Multipurpose Room

There are others who are on
a similar journey as you...



WALK WITH SOBRIETY

A group for community
members and peers to
support one another.



JOIN JOHN SAMPSON



Please reach out to John at
250-896-1566.

WEDNESDAY 5PM - 7PM

MEET IN THE AUDITORIUM
(FISHERIES ENTRANCE)

STARTS APRIL 17

Lorem ipsum

If you are ready for treatment, please reach out to the Mental
Health and Addictions Counsellor at mhac@tsawout.ca

Let's
PREVENT
FALLS
TOGETHER

**JOIN US FOR LUNCH & LEARN
HOW TO PREVENT FALLS IN THE
ELDERLY**



EXERCISE



NUTRITION



MOBILITY



July 3rd
11:30 AM to 1:30PM
In the Auditorium



TSAWOUT
HEALTH

7728 Tetayut Rd

778-351-6588

healthreception@tsawout.ca

Tsawout Health x Devon Martin

DIABETES:

INFORMATION SESSION - LIVING
WITH DIABETES

● LIVE

Come enjoy a meal
and discuss living
with Diabetes!

Join us in the Multi-purpose Room for
Food, Door Prizes, and Guest Speakers.

JULY 17TH | 5PM TO 7:30PM

Register with The Health Office to secure
a seat! Family & Friends Welcome!!

FISHERIES NEWS - Welcome to Fisheries Referrals Coordinator

Dear Tsawout Community,

My name is Bridget, and it is with great pleasure that I introduce myself as Fisheries Referrals Coordinator for **STÁUTW** First Nation. I am enthusiastic about collaborating with each of you to advance **STÁUTW**'s shared vision for sustainable fisheries management and environmental stewardship.

My professional journey includes working in the private sector as an environmental consultant and working at Songhees First Nation as a Marine Environmental Coordinator. Through these experiences I have found my passion in protecting our marine environment and upholding Indigenous rights and practices.

I grew up in Chemainus, on the traditional territory of the Penelakut Tribe and the Hulquminum-speaking peoples. I spent my childhood days boating and exploring the Gulf Islands. I now reside in Lekwungen traditional territory, brought to Victoria by my studies. I have a Diploma in Environmental Technology from Camosun College and a Bachelor of Science in Environmental Science from Royal Roads University.

Beyond my professional endeavors, I am an outdoor enthusiast, finding comfort in spending time at the beach, camping, hiking, as well as the occasional thrift store treasure hunt. I admire the accomplishments of **STÁUTW** First Nation and I am eager to participate in the administration of the Consultation Protocol & Policy, **STÁUTW** First Nation Marine Use Law and the QEN,T Marine Protected Area. I hope to use my passion and experience to effectively assess all referrals impacting the aquatic environment in **STÁUTW** traditional territory and adequately communicate **STÁUTW**'s concerns and values.

I invite each of you to share your wisdom, insights, and aspirations, as we collaborate to safeguard **STÁUTW**'s precious marine and freshwater resources for generations.

Kind regards,
Bridget

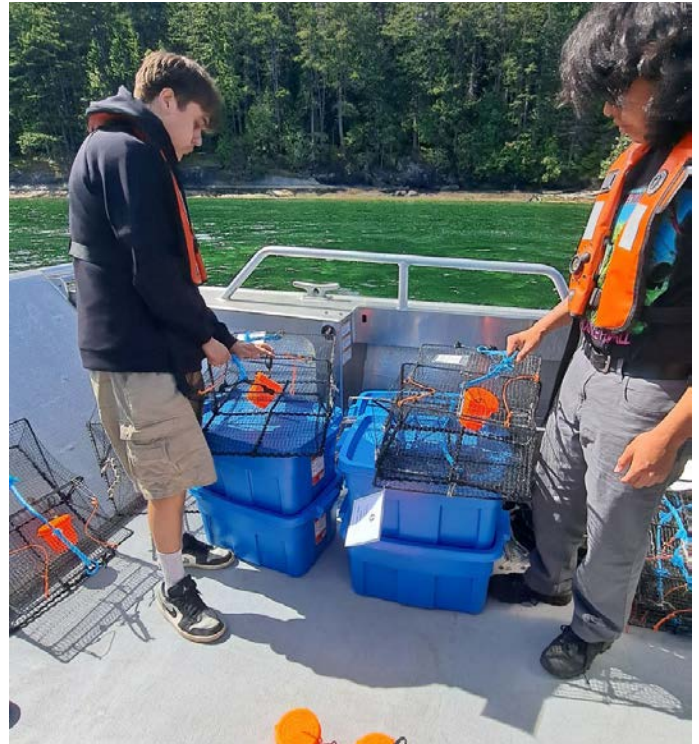


FISHERIES NEWS - Youth Interns

Two Fisheries youth interns joined the fisheries team back in June. They are already super busy with field work and training alongside the fisheries team. We are so excited to get the fisheries internship program started this summer. Welcome to our team Logan Huber and Peyton Siah!



Our Sea Captain Orion and Logan



Logan and Peyton learning how to conduct European Green Crab surveys.



Employer: Cascadia Seaweed Corp.
Position Title: Aquaculture Technician
Reports To: *Farm Manager*
Status: Full time
Location: Victoria , BC
Closing Date: Open until filled

Who we are: At Cascadia Seaweed, we grow local species of seaweed on low-impact ocean farms in partnership with coastal First Nations. We then harvest that seaweed and manufacture products for regenerative agriculture, helping terrestrial farmers increase yields while decreasing emissions. We aim to operate at a large enough scale to make a meaningful impact on ocean health, climate change and food security. As a certified B Corp and registered Benefit Company in British Columbia, we are committed to making a meaningful impact on climate change and food security while fostering prosperity for our First Nations partners, shareholders, and Mother Earth. Please visit our website: www.cascadiaseaweed.com to learn more about us.

We focus on:

- Providing an environment that allows our team members to contribute to a larger goal beyond themselves and the company.
- Our impact and seek to lessen the harmful effects of human activity on the environment to create a more sustainable future.
- Working towards equality, diversity, and inclusion and honouring different perspectives in the work we do.
- We specialize in transforming sustainable seaweed into innovative products for regenerative agriculture, including biostimulants and bovine feed supplements.
- Fostering a purpose-driven workplace that adds value through the cultivation of seaweed and the creation of high-value products, all while benefiting the land and sea and revitalizing coastal communities.

If you are:

- Enthusiastic about outdoor and hands-on work
- Committed to sustainability and environmental stewardship
- Detail-oriented problem solver
- Collaborative and safety-focused

Then we would love to hear from you!

Position Summary: The *Aquaculture Technician* will provide essential support to the Farm Manager in the day-to-day operations of Cascadia's seaweed farming, harvesting, and post processing activities. This role involves hands-on work in the field, assisting with equipment maintenance, farm construction, and the cultivation of seaweed. The *Aquaculture Technician* will play a critical role in ensuring the smooth operation of the farms by performing various tasks that require physical labor, attention to detail, and a commitment to safety and teamwork. This position will work up to 50% on the water with the balance of time at upland facilities and reports directly to the Farm Manager

Responsibilities: Responsibilities include but are not limited to the following;

- Assist in the daily operations of seaweed farming, including planting, monitoring, and harvesting seaweed.
- Help maintain and repair aquaculture equipment, ensuring all tools, machinery, and materials are well maintained and in good working order.
- Aid in the construction and maintenance of farm infrastructure, including the installation and upkeep of farming structures and equipment.
- Transport farm equipment and materials to and from storage locations using company vehicles, ensuring all items are managed safely and efficiently.
- Adhere to all health and safety protocols, actively contributing to a safe working environment and following Cascadia's best practices.
- Work closely with the Farm Manager and other team members to support farm operations and contribute to problem-solving and improvements.
- Assist with the monitoring of seaweed growth and health, reporting any issues or concerns to the Farm Manager.
- Provide logistical support for farm activities, including the preparation of equipment and materials needed for various tasks.
- Perform additional tasks as assigned by the Farm Manager, including general farm maintenance and operational support.
- Hands on seaweed cultivation.
- Performs other duties as assigned, requested, or deemed necessary by the organization

Schedule:

- Work hours will be flexible and based on operational needs with a standard work week of 40 hours per week. This includes working some evenings and/or weekends.
- The nature of the position requires travel and long days when in the field and will periodically require you to work in excess of a standard 40-hour work week.

Knowledge, Skills, and Abilities:

- Basic understanding of farm equipment operation and maintenance. Proficiency with hand tools and machinery is an asset.
- Strong problem-solving skills and capability to identify issues and work with the team to find practical solutions.

Cascadia Seaweed














- Excellent teamwork skills with the ability to work effectively as part of a team, supporting colleagues and contributing to a positive work environment.
- Keen attention to detail, particularly in monitoring seaweed growth and maintaining equipment.
- Flexibility to adapt to changing tasks and priorities, with a willingness to work in various environments, from indoor facilities to outdoor marine settings.
- Commitment to safety, with the ability to follow and promote safety guidelines.
- Strong time management skills, the ability to multitask and prioritize work efficiently.
- Good communication skills, both verbal and written, for effective interaction with team members.

Qualifications:

- Valid driver's license required for transportation duties.
- Small Vessel Operator Proficiency (SVOP) certification is an asset.
- Previous experience in agriculture, aquaculture, marine farming, or commercial fishing is an asset.
- Experience with machinery and equipment such as forklifts, hiab cranes, etc. is an asset.
- Basic computer skills and familiarity with Microsoft Office, google docs is an asset.
- Must be able to perform duties in a wide range of environments, from indoor facilities to outdoors in the ocean.
- Appreciation for teamwork, self-motivation and timely.
- Need to be able to lift up to 50 pounds and have the capacity to perform manual labor.
- Excellent work ethic, with an appreciation for order and task completion
- Excellent time management skills, the ability to multitask and prioritize work
- Attention to detail and problem-solving skills

Salary Range: \$25.00-\$30.00/hr

JULY GARBAGE, COMPOST & RECYCLING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  	2 	3	4	5	6
7	8  	9	10	11	12	13
14	15  	16 	17	18	19	20
21	22  	23	24	25	26	27
28	29  	30 	31			

Garbage pick-up (Every Monday) Garbage & Compost is managed by CCR and is picked up every Monday.

Recycle (Bi-weekly) If your recycle is missed or not picked up, call Emterra at 250-385-4399. Call by 11:00 am the next day and they can probably do a pick-up. If any later, it would have to wait until the next pick-up date.

Reminder that the Heavy Garbage Program has ended. Please do not leave heavy garbage on the side of the road. We continue to clean up the dumpsite on Longhouse Road from the previous years programs. Please discard your heavy garbage at local metal recycle or Hartland landfill.