



**COMMUNITY NEWSLETTER &  
RESOURCE GUIDE  
MAY 2025**





# Table of Contents

## Chief & Council

P.3 - 4

- Notice of Nominations Meeting

## P.5- 6 Admin & HR Resources

- Join us!
- Facility Rentals

## Wellness Events & Resources

P.7-22

- Counselling Resources
- Class Action Lawsuit
- TC10K
- Youth Events + Calendar
- Elders Calendar + Events

P.23-27

## Headstart Calendar & Events

- May Calendar
- Craft Night
- Playgroup
- Music Group
- Photos

## Training & Employment Resources

P.28

- Temporary Work Application
- Contact Information

P.29-30

## Housing Events & Update

- Community Clean up Drive

## Garbage & Compost Schedule

P.31

WIP2ST  
VOAST



# Chief & Council



**Chief Abraham Pelkey**



**Councilor  
George Horne**



**Councilor  
Sam Etzel**



**Councilor  
John Etzel**



**Councilor  
Blake Joseph**



**Councilor  
Harvey  
Underwood**



**Councilor  
Stan Sam**



**Councilor  
Donald Williams**



**Councilor  
John Wilson**



**TSAWOUT FIRST NATION**  
**Notice of Nomination Meeting**

Notice is hereby given that a meeting of the electors of the Tsawout First Nation will be held in the **Tsawout Multipurpose Room, 7728 Tetayut Road, Saanichton, B.C. on the 26<sup>th</sup> day of May, 2025, beginning at 4:30 o'clock P.M. and lasting for at least three hours**, for the purpose of nominating a Chief and Councillors of the said Band for the next ensuing term.

**EIGHT (8) Councillor Positions and ONE (1) position for Chief** are available. **The election will be held at The Tsawout First Nation Gym, 7728 Tetayut Road, Saanichton, B.C. on July 7, 2025**

Please note that any Elector may nominate candidates by using a mail-in nomination form. **Electors residing off-reserve may nominate or run as a candidate for the position of Chief and Council.** You can either deliver or mail-in written nomination forms and completed, signed and witnessed voter declaration forms to the electoral officer before the time set for the nomination meeting **OR** you may nominate candidates orally at the nomination meeting. Mailed nominations not received by the electoral officer before the time set for the nomination meeting are void. Also note that any voter may vote by mail-in ballot.

All Tsawout First Nation Members, 18 years or older, are eligible to vote in the election.  
Given under my hand at Delta, B.C. this 25<sup>th</sup> day of April 2025.



---

F.P. Schiffner  
Electoral Officer  
Phone number: 604-786-2512  
Toll Free : 1-800-813-2173  
Email: fschiffner90@gmail.com



# Admin & HR Resources

## Join us!

### Currently hiring for:

- Building Maintenance Worker
- Learning House Supervisor
- Housing Outreach Worker
- Education Assistant



### Hiring Process:

1. Visit [tsawout.ca](http://tsawout.ca)
2. Click on the 'Join Us' tab
3. View or read more about the position you'd like to apply for
4. Click 'Apply Now'
5. Enter your Personal Information or sign in if you already have an account with Talent Nest
6. Add a copy of your Resume and Cover letter (if applicable)
7. Press 'Submit'

### How long will this take?

Postings are up for 2-4 weeks - give at least 1-2 weeks for screening resumes and scheduling interviews

### What happens if you get the job?

You will need to get a criminal record check from your local Police Station - the fee can be reimbursed by Tsawout!





# Facility Rentals

## Amenities

### Gymnasium

- Seating capacity of 400
- Scoreboards & Shot-Clocks
- P.A. System
- Stage Area with drive-in access
- Full length court with lines for all major sports
- 2 Half-length courts
- 28 foot ceilings
- Ventilation

### Multipurpose Room

The multi-purpose room features spacious seating, large windows and counters and coffee area.

### Auditorium

The auditorium features large seating capacity, adjustable lighting and acoustically treated walls for optimal sound presentation.

Visit [www.tsawout.ca/facilities/](http://www.tsawout.ca/facilities/) to view costs to rent the Gymnasium, Multi-purpose room, Auditorium and the Outdoor Big Tent

## CALL NOW TO BOOK!

For more information or to book any of our facilities, call our Booking Manager.

**250-652-9101**

**[booking@tsawout.ca](mailto:booking@tsawout.ca)**

**PLEASE NOTE: A DEPOSIT AND SIGNATURE ARE REQUIRED IN ORDER TO CONFIRM YOUR BOOKING!**



# Wellness Resources



Vassilena Johns  
Registered Counsellor, RPC  
250-652-8353 or 236-638-9732  
[wellnesscounsellor@tsawout.ca](mailto:wellnesscounsellor@tsawout.ca)

Shezell-Rae Sams  
Team Lead, BCYC, MAC  
250-652-8353 or 236-668-8510  
[wellnessteamlead@tsawout.ca](mailto:wellnessteamlead@tsawout.ca)



Allan Boden  
Registered Counsellor M.A, RCC  
250-652-8353





Kevin Henry  
Family Advocate, BCYC  
250-652-8353  
familyadvocate2@tsawout.ca



Shauna Sam  
Family Advocate, BCYC, MA  
250-652-8353 or 236-638-9669  
familyadvocate@tsawout.ca



### **Court & justice system resources:**

#### **-Victoria Indigenous Justice Centre**

All Indigenous Peoples, regardless of whether they qualify for legal aid, can access free legal and outreach services if they are facing a criminal or child protection issue.

Address: 794 Yates St, Victoria, BC V8W 1L4

Hours: Open 8:30am · Closes 4:30 p.m.

Phone: (250) 419-9665

#### **-Aboriginal Coalition to End Homelessness**

Phone: 778-432-2234

### **Community Relations, Protocol and Social Justice**

#### **-Addictions and support resources**

In addition to my availability to support you, here are some online resources that may come handy:

Families for addiction recovery (Phone: 855-377-6677): This organization offers:

- parent-to-parent support for families struggling with addiction.
- A voice for families to influence government policy. ([farcanda.org](http://farcanda.org))

Together We Can: Alcohol and Drug Recovery & Education Society (Phone: 604-451-9854) offers:

- Men/Women Treatments, Aftercare Program, Sober Living Residences, Medical Care, Counselling, Pharmacy, & Health and Fitness

### **Other resources:**

Parents Forever: Index ([parentsforever.ca](http://parentsforever.ca))

Service Directory across BC: Helpline Services - United Way British Columbia ([uwbc.ca](http://uwbc.ca)) - Phone: 250-591-8731

BC Centre for Substance Use: BCCSU – British Columbia Centre on Substance Use - Phone: (778) 945-7616

**Please reach out, there is always someone there for you.  
Like our Elders share, “you don’t have to walk alone.”**



# Wellness Resources

## Low Cost or Free Counselling Services

**Community Counselling:** These agencies generally provide counselling on a sliding-scale basis, and some offer free services.

- Citizens Counselling Centre - individual counselling and couples counselling - 941 Kings Rd – (250)-384-9934
- Esquimalt Neighbourhood House – 511 Constance Rd - (250)-360-0644
- Beacon Community Services (serving the Saanich Peninsula) – (250)-656-0134
- South Island Centre for Counselling – 3821A Cedar Hill Cross Road - (250)-472-2851
- Sooke Family Resource Centre (for Sooke Residents) – (250)-642-5152
- Pacific Centre Family Services (serving the Westshore) – 345 Wale Rd – (250)-478-8357
- Cascadia Counselling (1:1 and groups including anger management) – #300–755 Queens Ave - (250)-590-7050 (no longer offering sliding scale as of April 2023)
- Victoria Sexual Assault Centre - trauma counselling, crisis support, group counselling for women and trans people. #200-754 Broughton St - (250)-383-3232
- Men's Therapy Centre [former Men's Trauma Center] – Individual trauma counselling, men's groups – #102-1022 Pandora Ave - (250)-381-6367
- 1Up Single Parent Resource Centre – range of supports for single parents, including free counselling, groups, practical supports. 2001 Douglas St - (250)-385-1114
- Victoria Native Friendship Centre –Indigenous focused counselling, groups, support. 231 Regina Ave – (250) - 384-3211
- Victoria Hospice – (250)-370-8868, groups and 1:1 counselling, BC Bereavement Line – 1-877-779-2223
- Her Way Home - Health care and social support for pregnant and parenting women who are affected by substance use, mental health issues, and/or violence (250)-519-3681
- The Foundry – ages 12-24 – confidential medical services, counselling, psychiatry – 919 Douglas St – (250)-383-3552
- Esquimalt Military Family Resource Centre – programs and services for military members and their families - (250)–363-2460

- **Employee and Family Assistance Program/Extended Health Benefits:** If you have access to counselling through an EFAP, we encourage you to access this benefit while waiting for your intake appointment. There is usually a toll-free number for you to call to arrange an appointment. Services are confidential – your employer would receive no record of your counselling sessions.
- **Student Services :** If you are a student at UVic or Camosun, you have access to counselling through campus Counselling Services. UVic also has psychiatry services for students through the campus Health Services. Health and Counselling services can also assist with any academic accommodations that you may need.
- **Eating Disorders Program:** The Eating Disorders Program accepts self-referrals. They can be reached at (250)-387-0000
- **Mental Health Recovery Partners:** Services, peer and family support, information – Regardless of diagnoses – (250) 384-4255
- **Together Against Poverty Society (TAPS)** - #302-895 Fort Street - (250) 361-3521

## Support for Substance Use:

- **Addictions Outpatient Treatment and Withdrawal Management Services:** Counselling, groups, psychiatry. Drop in Substance Use Intake at 1119 Pembroke Street daily 1pm, first come first served; booked appointments also available. Sobering and Assessment Centre at 1125 Pembroke Street, which is open 24 hours a day, 7 days a week. For more information please call (250)-213-4444.
- **Substance Use Services for West Shore residents** is self-referral via Pacific Centre: (250)-478-8357
- **Connections Group:** Welcoming, safe, accessible group for people who are considering reducing or stopping substance use and have questions about services. Family members, friends welcome. Please call Umbrella Society at (250)-380-0595 for information – or look at their website under groups. Service is now via Zoom.
- **Umbrella Society:** Provides support, education, and advocacy for people affected by addiction and mental health issues. (250) 380-0595, Web: <http://www.umbrellasociety.ca> There are many groups including SMART Recovery, delivered via Zoom.
- **Alcoholics Anonymous:** (250)-383-7744
- **LifeRing:** (250)-920-2095
- **Al-Anon:** Support for friends and family of problem drinkers - (250)-383-4020



## Low Cost or Free Counselling Services

**Community Counselling:** These agencies generally provide counselling on a sliding-scale basis, and some offer free services.

- Citizens Counselling Centre - individual counselling and couples counselling - 941 Kings Rd – (250)-384-9934
  - Esquimalt Neighbourhood House – 511 Constance Rd - (250)-360-0644
  - Beacon Community Services (serving the Saanich Peninsula) – (250)-656-0134
  - South Island Centre for Counselling – 3821A Cedar Hill Cross Road - (250)-472-2851
  - Sooke Family Resource Centre (for Sooke Residents) – (250)-642-5152
  - Pacific Centre Family Services (serving the Westshore) – 345 Wale Rd – (250)-478-8357
  - Cascadia Counselling (1:1 and groups including anger management) – #300–755 Queens Ave - (250)-590-7050 (no longer offering sliding scale as of April 2023)
  - Victoria Sexual Assault Centre - trauma counselling, crisis support, group counselling for women and trans people. #200-754 Broughton St - (250)-383-3232
  - Men's Therapy Centre [ former Men's Trauma Center] – Individual trauma counselling, men's groups – #102-1022 Pandora Ave - (250)-381-6367
  - 1Up Single Parent Resource Centre – range of supports for single parents, including free counselling, groups, practical supports. 2001 Douglas St - (250)-385-1114
  - Victoria Native Friendship Centre –Indigenous focused counselling, groups, support. 231 Regina Ave – (250) - 384-3211
  - Victoria Hospice – (250)-370-8868, groups and 1:1 counselling, BC Bereavement Line – 1-877-779-2223
  - Her Way Home - Health care and social support for pregnant and parenting women who are affected by substance use, mental health issues, and/or violence (250)-519-3681
  - The Foundry – ages 12-24 – confidential medical services, counselling, psychiatry – 919 Douglas St – (250)-383-3552
  - Esquimalt Military Family Resource Centre – programs and services for military members and their families - (250)–363-2460
- **Employee and Family Assistance Program/Extended Health Benefits:** If you have access to counselling through an EFAP, we encourage you to access this benefit while waiting for your intake appointment. There is usually a toll-free number for you to call to arrange an appointment. Services are confidential – your employer would receive no record of your counselling sessions.
  - **Student Services :** If you are a student at UVic or Camosun, you have access to counselling through campus Counselling Services. UVic also has psychiatry services for students through the campus Health Services. Health and Counselling services can also assist with any academic accommodations that you may need.
  - **Eating Disorders Program:** The Eating Disorders Program accepts self-referrals. They can be reached at (250)-387-0000
  - **Mental Health Recovery Partners:** Services, peer and family support, information – Regardless of diagnoses – (250) 384-4255
  - **Together Against Poverty Society (TAPS)** - #302-895 Fort Street - (250) 361-3521

## Support for Substance Use:

- **Addictions Outpatient Treatment and Withdrawal Management Services:** Counselling, groups, psychiatry. Drop in Substance Use Intake at 1119 Pembroke Street daily 1pm, first come first served; booked appointments also available. Sobering and Assessment Centre at 1125 Pembroke Street, which is open 24 hours a day, 7 days a week. For more information please call (250)-213-4444.
- **Substance Use Services for West Shore residents** is self-referral via Pacific Centre: (250)-478-8357
- **Connections Group:** Welcoming, safe, accessible group for people who are considering reducing or stopping substance use and have questions about services. Family members, friends welcome. Please call Umbrella Society at (250)-380-0595 for information – or look at their website under groups. Service is now via Zoom.
- **Umbrella Society:** Provides support, education, and advocacy for people affected by addiction and mental health issues. (250) 380-0595, Web: <http://www.umbrellasociety.ca> There are many groups including SMART Recovery, delivered via Zoom.
- **Alcoholics Anonymous:** (250)-383-7744
- **LifeRing:** (250)-920-2095
- **Al-Anon:** Support for friends and family of problem drinkers - (250)-383-4020



## Indian Hospital class action lawsuit Koskie Minsky LLP

Contact information

**Email:** [indianhospitalsclassaction@kmlaw.ca](mailto:indianhospitalsclassaction@kmlaw.ca)

**Tollfree:** 1 866 777 6308

Primary Class means all persons who were admitted to an Indian Hospital during the Class Period;  
and

Family Class means all persons who are a spouse or former spouse, child, grandchild or sibling of a member of the Primary Class and the spouse of a child, grandchild or sibling of a member of the Primary Class.

(“Class Members”)

The Class Period means the period from and including the date on which Canada assumed management and control of any particular Indian Hospital, which shall be no earlier than January 1, 1936 and ending on the earlier of the following dates:

The date of closure of any particular Indian Hospital; or

- b) The date on which management and control of any particular Indian Hospital was effectively transferred from Canada; or
- c) December 31, 1981.

It would be helpful if you could respond to this email with the following information. We understand that you may not have all of the information, but please tell us what you can remember:

1) Your full name

\_\_\_\_\_

2) Name of the former patient who was admitted to Indian Hospital

\_\_\_\_\_  
\_\_\_\_\_

3) Your telephone number \_\_\_\_\_



4) Your complete mailing address\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5) Your email address\_\_\_\_\_

\_\_\_\_\_

6) Date of birth of the former patient\_\_\_\_\_

7) Gender of the former patient\_\_\_\_\_

\_\_\_\_\_

8) Which Indian Hospital(s) the former patient was admitted to – and if  
admitted to more than one, please provide all hospital names

\_\_\_\_\_

9) Date(s) admitted to an Indian Hospital – if the former patient was admitted  
to an Indian Hospital on multiple occasions please provide all the dates and  
specify the name of the hospital(s)\_\_\_\_\_

10) Whether the former patient is considered Status or Non-Status Indian,  
Métis or Inuit\_\_\_\_\_

11) Whether the former patient experienced any of the following:

a) sexual abuse \_\_\_\_\_

\_\_\_\_\_

b) physical abuse\_\_\_\_\_

c) tied to hospital bed\_\_\_\_\_

d) full body casting\_\_\_\_\_



e) partial body casting\_\_\_\_\_

f) forced feeding\_\_\_\_\_

g) experimental medical procedures\_\_\_\_\_

\_\_\_\_\_

h) threats to life or well-being\_\_\_\_\_

i) isolation from family (and/or and other patients)

\_\_\_\_\_

j) restriction from food or drink\_\_\_\_\_

\_\_\_\_\_

k) surgeries (provide details)\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

12) Whether the former patient would be willing and able to speak to our lawyers should we wish to obtain further information; and

13) Whether the relative of the deceased former patient would be willing and able to swear an affidavit.\_\_\_\_\_

Signature\_\_\_\_\_

**The Statement of Claim can be viewed here: [https://kmlaw.ca/wp-content/uploads/2018/01/IHC\\_Statement-of-Claim\\_20180129.pdf](https://kmlaw.ca/wp-content/uploads/2018/01/IHC_Statement-of-Claim_20180129.pdf)EndFragment**



Should you have further questions, please do not hesitate to contact us.

Regards,  
Communications Department  
Koskie Minsky LLP | Barristers & Solicitors  
T: 1-866-777-6308 | F 416-204-2897 | E

[indianhospitalsclassaction@kmlaw.ca](mailto:indianhospitalsclassaction@kmlaw.ca)

-  
-  
<https://kmlaw.ca/cases/indian-hospitals-class-action>

**Koskie Minsky**  
20 Queen Street West Suite 900, Box 52  
Toronto , Ontario M5H 3R3



## **STÁUTW Wellness**

### **WE ARE LOOKING FOR AN ON-CALL ADMINISTRATIVE ASSISTANT**

**Are you looking for an on-call role and the opportunity to contribute to our awesome wellness team?**

- You must be comfortable greeting everyone in a friendly manner with on-call availability, often with short notice, and can commit to some planned shifts.**
- An ideal candidate would be dependable, punctual, and professional with excellent verbal and written communication skills.**

**If you're interested please email:**

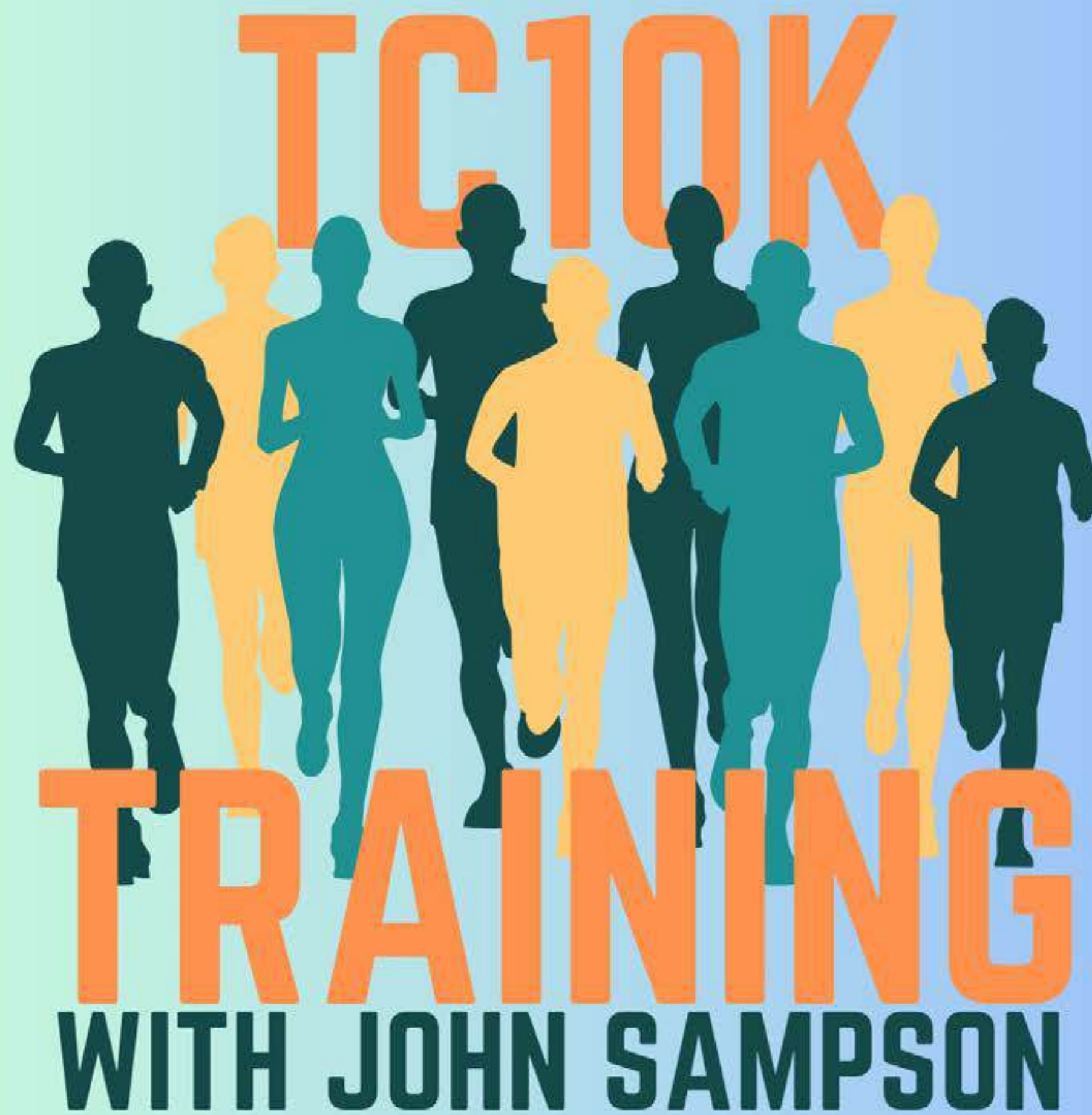
**[wellnessadmin@tsawout.ca](mailto:wellnessadmin@tsawout.ca)**

**Attaching a resume is recommended but not required**



# Events

Choose the time that works best for you to  
walk or run!



We will meet outside of the Wellness building  
every Monday @

12pm-1pm

and/or

4:30pm-5:30pm



Everyone  
welcome!



# Youth Calendar

## STÁUTW YOUTH PROGRAM + RESOURCES

### MAY 2025

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Youth After School drop-in 3:00-5:00 Tsawout Jam 6:00pm-8:00	2 Youth After School drop-in 2:00-4:30	3 Youth After School drop-in 2:00-4:30
4	5 Youth After School drop-in 3:00-5:00 basketball @ Tseycum 5:00pm-8:00pm meet Wellness @ 4:30 :)	6 Blue Bus! 6:30pm-8:00pm Tseycum Jam 6:00pm-8:00	7 Youth After School drop-in 3:00-5:00	8 Youth After School drop-in 3:00-5:00 Tsawout Jam 6:00pm-8:00	9 Youth After School drop-in 2:00-4:30	10 Youth After School drop-in 2:00-4:30
11	12 Youth After School drop-in 3:00-5:00 basketball @ Tseycum 5:00pm-8:00pm meet Wellness @ 4:30 :)	13 Blue Bus! 6:30pm-8:00pm Youth & Elders SENĆOTEN class 3:00pm-5:00pm	14 Homework Help 3:00pm-5:00pm	15 Youth After School drop-in 3:00-5:00 Tsawout Jam 6:00pm-8:00	16 Pro-d Day! Youth Lounge open all day + Movies	17 Pro-d Day! Youth Lounge open all day + Movies
18	19 OFFICE CLOSED -stat-	20 Blue Bus! 6:30pm-8:00pm Tseycum Jam 6:00pm-8:00	21 Homework Help 3:00pm-5:00pm	22 Youth Swim Night @ Panorama details to follow :)	23 Youth After School drop-in 2:00-4:30	24 Youth After School drop-in 2:00-4:30
25	26 Youth After School drop-in 3:00-5:00 basketball @ Tseycum 5:00pm-8:00pm meet Wellness @ 4:30 :)	27 Blue Bus! 6:30pm-8:00pm Tseycum Jam 6:00pm-8:00	28 Homework Help 3:00pm-5:00pm	29 Youth After School drop-in 3:00-5:00 Tsawout Jam 6:00pm-8:00	30 Youth After School drop-in 2:00-4:30	31 Youth After School drop-in 2:00-4:30

\*please note due to the recent flooding and floor renovations in the Youth Lounge, Youth programming will be located in the Wellness Building until otherwise stated



# Youth Events



## Blue Bus *is now back!*

Tuesday's from 6:30pm – 8:00pm

Youth are invited to come to the Blue Bus for some games, full-on sports, God talks, yummy snacks, friendship, and even road trips!

**who?** Indigenous youth ages 12-18 from Tsawout, Tsartlip, Tseycum, Pauquachin, and Malahat are welcome!

**where?** the Tsawout Gym (7728 Tetayut Rd, Saanichton BC)

registration? all youth **MUST** register for 2025 before they can participate. scan the QR code to register online OR complete a printed form, you can get this form by checking with youth worker Emma or emailing Rick, contact information listed below.

Rick Wismer

[rickeyfcvictoria.com](mailto:rickeyfcvictoria.com) or 250-216-8287

Emma Winter Pelkey

[youthcoordinator@tsawout.ca](mailto:youthcoordinator@tsawout.ca) or 250-883-9936





# Elder Events



**Bannock and Tea**  
In the Wellness Building



**May 7**  
**9 AM to**  
**11 AM**

**May 8,**  
**11:30 AM to**  
**1 PM**

**Mothers Day Lunch**  
In the Gymnasium!



**Breakfast Fundraiser**  
In the Wellness Building

**May 15**  
**8:30 AM to**  
**11 AM**

**May 13**  
**3 PM to**  
**5 PM**

**Elders and Youth**  
**SENĆOTEN Class**  
In the Elders Room



**Walking Group**  
Meet in the Gym!

**May 5 + 26**  
**at 1 PM**



**May 28  
10 AM to  
7 PM**

## **Loonie Toonie Fundraiser**

In the Wellness Building



## **Self Care Day**


In the Elders room

**May 29  
10 AM to  
3 PM**

**If you have any questions, please contact  
Michelle or Kristal at 250-652-8353**



# MAY 2025 - ELDERS CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
27	28	29	30	1	2	3
4	5 Elders Walking Group 1-2pm	6	7 Elders Bannock and Tea 9-11am	8 Elders Mothers Day Lunch 11:30-1pm	9	10
11	12	13 Elders and Youth SENCOTEN class 3-5pm	14	15 Elders Breakfast Fundraiser 8:30-11am	16	17
18	19 OFFICE CLOSED -STAT-	20	21 Travel to Swinomish	22 Elders Swinomish Luncheon	23 Travel home from Swinomish	24
25	26 Elders Walking Group 1-2pm	27	28 Elders Loonie Toonie 10-7pm	29 Elders Self Care Day 10am-3pm	30	31
1 	2	3	4	5	6	7



# Headstart Calendar

May 2025

PEXSISEN PENÁWEN



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 Drop In-1-4pm @ Office	2	3
4	5 Morning Stroll 10am Meet at benches @ the top of stairs	6	7 Drop In Craft Night 6-8pm	8 Mother's Day Event, TBA	9	10
11	12 Morning Stroll 10am Mee @Office Island View Beach.	13	14 Music Care Giver & Me 12:30-1:30pm	15 Play day @ Gyro Park/Beach 1-4pm	16 Swimming @ Panorama @ 5:15 swim from 6-8	17
18	19 Morning Stroll 10am Meet at benches @ the top of stairs	20	21 Music Care Giver & Me 12-2pm	22 Fun in the Sun @ Tsawout Beach 1-4pm	23	24
25	26 Morning Stroll 10am Meet@Office for a walk @ Ogden Point	27	28 Music Care Giver & Me 12-2pm Drop in Craft Night 6-8	29 Drop in- 1-4pm @ Office	30	31
1	2	Morning Walks	Drop In Craft Night	Special Events	drop in play group	Music Care Giver & Me
During the PENÁWEN moon our people traveled to family locations to harvest camas bulbs (ÍŁO,EL), which was the source of starch in our diet. This was a cherished time for the people of Saanich—it marked the time when they could begin traveling through their territory again.						



# Headstart Events

## Craft Drop in

YEYONSEN, ÁUTW

Every Wednesday from 6 PM to 8 PM

In the Multipurpose Room  
For Headstart families



## Play Cafe

Every Thursday!

from 1 PM to 4 PM

Food + Drinks, Games,  
Music + Crafts!



## Caregiver & Me!

Music Group with Deven

Every Wednesday

at 12:30 PM to 1:30 PM



If you have any questions please contact  
Carol Anne at 250-652-9101!



# Headstart Photos



**1-2 Years Class having a beach day**



**1-2 Years Class playing in the grass**





**1-2 Years Class drumming with teacher KANTENOT**



**3-5 Years Class enjoying their pasta lunch**



**3-5 Years Class drumming with the Music Therapist Deven**





**3-5 Years Class painting planets for Earth Day**



**the new Interim Education Manager Ada meeting the Daycare Children**



# Training & Employment

## Temporary Employment Application

From time to time, STÁUTW First Nation requires temporary workers to help us deliver the best services. Positions can include temporary work in:

- Housing
- Education
- STÁUTW Learning House
- On-Call Reception
- Maintenance
- Kitchen

If you are interested in having your name on file for a call when one of these opportunities is available, please complete this form and we will be glad to follow up with you.

SCAN ME



### CONTACT

Sean Charbonneau  
Employment & Training Manager  
(250) 652-9101 ext. 325  
Monday – Friday, 8:00 am to 4:00 pm  
[employmentmanager@tsawout.ca](mailto:employmentmanager@tsawout.ca)





# Housing

## Community Clean-Up Drive Report

**Date: April 13, 2025**

**Time: 9:00 AM – 3:00 PM**

On Sunday, April 13, 2025, the spirit of unity and service was on full display during a community clean-up drive that brought community and volunteers together in a meaningful effort to beautify Tsawout. While only one local community member joined in, the event received an overwhelming show of support from 30 volunteers from the Victoria Fil-Can Seventh-day Adventist Church, who selflessly gave their time and energy to serve the Tsawout Community.

The day began with a moment of prayer and reflection, as volunteers gathered and prepared their hearts and hands for the day ahead. From there, the group split into teams and fanned out to cover different zones of the neighborhood. Working together in harmony, the volunteers went from house to house, engaging with residents and offering assistance wherever it was welcomed.

Areas Covered:

Row Housing Area:

The clean-up began here, with volunteers moving systematically from home to home. This stretch was the starting point of the drive, with participants carefully collecting litter, tidying sidewalks. The team continued their efforts all the way down the road leading to Tetayut Road.





### **Pullock Lane:**

A second team was assigned to Pullock Lane, where they worked diligently to clear every visible sign of litter. Volunteers were especially respectful of residents' spaces, only cleaning yards and areas where permission was given. For homes that welcomed help, volunteers removed debris, raked leaves, and made sure the surroundings were neat and clean. The dedication and thoroughness of this group made a visible impact on the lane.

### **Pullock Road:**












A third group focused their efforts on Pullock Road, volunteers engaged with homeowners and offered to help with cleaning around their properties. Several residents gratefully accepted the assistance, allowing the team to trim overgrown areas, gather garbage, and refresh the streetscape. The road looked noticeably cleaner and more welcoming by the end of the day. Throughout the event, volunteers worked tirelessly, side by side, driven by a shared sense of mission and compassion. The results went beyond just a cleaner environment—the effort also strengthened bonds within the community and showcased the power of collective action rooted in kindness and faith.

**A heartfelt thank you to the Victoria Fil-Can SDA Church and to every individual who contributed to making this day a success. Your generosity and service made a lasting difference.**





# May Garbage, Compost & Recycling

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
						
4	5	6	7	8	9	10
	 					
11	12	13	14	15	16	17
	 					
18	19	20	21	22	23	24
	 					
25	26	27	28	29	30	31
	 					

**Garbage Pickup:** Garbage and compost is managed by CCR and picked up every Monday

**Recycling (Bi-weekly):** If your recycling is missed or not picked up, call Emterra at 250-385-4399. Call by 11:00 AM the next day and they'll most likely be able to do a pick-up. If later, it would have to wait until the next pick-up date.

*Reminder that the Heavy Garbage Program has ended. Please do not leave heavy garbage on the side of the road. We continue to clean up the dumpsite on Longhouse Road from the previous years programs. Please discard your heavy garbage at local metal recycle or Hartland Landfill.*